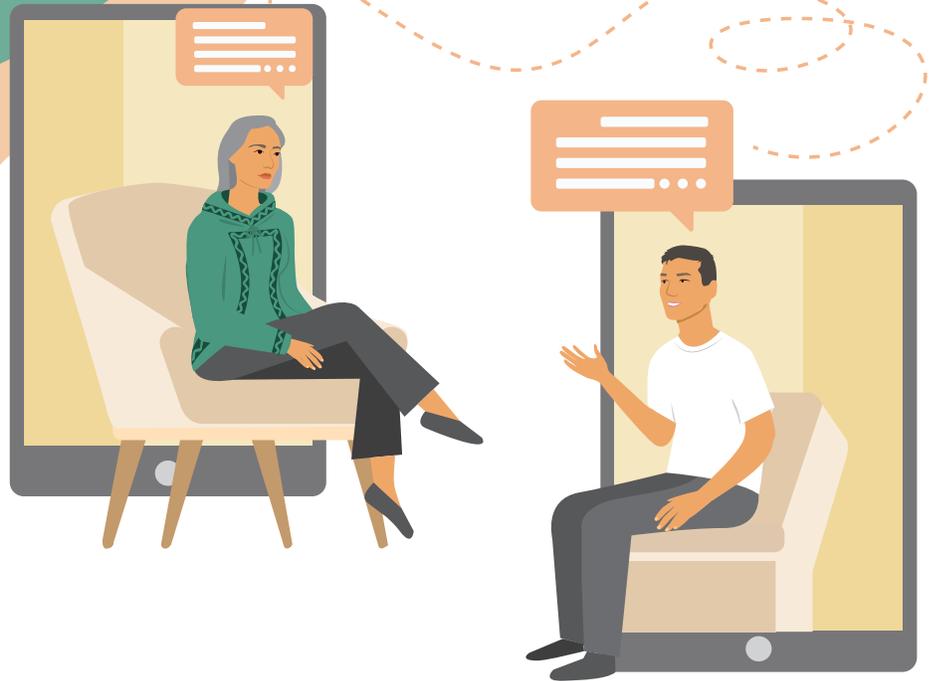




Behavioral Health Wellness Clinic

Alaska Native Tribal Health Consortium

A behavioral health clinic designed to meet your everyday behavioral health needs. All services are provided via telehealth.



Connect to compassionate care today!

Call 1 (833) 642-2492 or (907) 729-2492

Talk to your provider about a referral

Visit www.anthc.org/BHWC to fill out an intake form



Promoting Alaska Native and American Indian wellness through compassionate and easy-to-connect to behavioral health services.



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What We Do

What We Don't Do

Telehealth	In-person services
<p>Everyday Behavioral Health Treatment</p> <p>For example: Stress, anxiety, depression, trauma, substance use, relationship distress, grief and loss, health behavior change (e.g., diet, exercise, sleep)</p>	<p>Specialty Behavioral Health Treatment</p> <p>For example: Severe and persistent mental illness, personality disorders, eating disorders, psychiatric medication management</p>
<p>Brief, open-access, evidence-based model of care</p> <p>For example: Brief individual counseling and open-access groups, trauma-informed Cognitive Behavioral Therapies</p>	<p>Long-term, wrap-around, or emergency care</p> <p>For example: Psychoanalytic or psychodynamic therapy, Assertive Community Treatment, on-call crisis care</p>
Adult Services (18 and up)	Child & Adolescent
Family support for substance use (CRAFT) & parenting support	Couples or family therapy
Substance use & mental health assessments	Psychological testing
Strengths-Based Care	Deficit-Based Care
Referral Support Services	Intensive Case Management
Trauma informed, harm reduction approach	Abstinence only approach
Support THO Services	Replace THO Services