Alaska Infectious Disease ECHO





HCV-HIV-PrEP-STIs

The ANTHC Liver Disease and Hepatitis Program, HIV Clinical Services, Behavioral Health Department and Southcentral Foundation's Pharmacists have partnered to host this ECHO, and it's funded by a grant from the Northwest Portland Area Indian Health Board.

Welcome to Alaska Infectious Disease ECHO – HCV, HIV, PrEP, STIs

Approved Provider Statements:



In support of improving patient care, Alaska Native Medical Center (ANMC) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Contact Hours:

ANMC designates this activity for a maximum of 12 contact hours, including 3 total pharmacotherapeutics contact hours, commensurate with participation.

Financial Disclosures:

Youssef Barbour, MD & Lisa Townshend-Bulson, APRN / faculty for this educational event, are primary investigators in an ANTHC sponsored hepatitis C study funded in part by Gilead Sciences. All of the relevant financial relationships listed have been mitigated.

Requirements for Successful Completion:

To receive CE credit please make sure you have actively engaged in the entire activity, your attendance is recorded by the facilitator, and complete the course evaluation form found here: https://forms.gle/18t4EgvN2WdnM4P77



For more information contact jlfielder@anthc.org or (907) 729-1387



STI PREVENTION PROGRAMS AND HARM REDUCTION RESOURCES

Hannah Warren, MPH HIV/STD Prevention Program Manager, ANTHC

> Brenda Henze-Nelson Interior AIDS Association





ANTHC HIV/STD Prevention Program iknowmine.org resources

Hannah Warren, Nuguraq, MPH



OUR VISION:

Alaska Native people are the healthiest people in the world.

We acknowledge the Dena'ina people, on whose traditional lands we gather.
We also acknowledge the Creator and all Indigenous people of Alaska. Thank you for your past and present stewardship of the waters, plants, animals and spiritual practices of this place.







HIV/STD Prevention Program

- > Department: Wellness and Prevention
- ➤ Mission: To be a trusted statewide resource for HIV/STI prevention and education, in partnership with the Alaska tribal health system.
- Manages <u>iknowmine.org</u> and @iknowmine on <u>Facebook</u> and <u>Instagram</u>



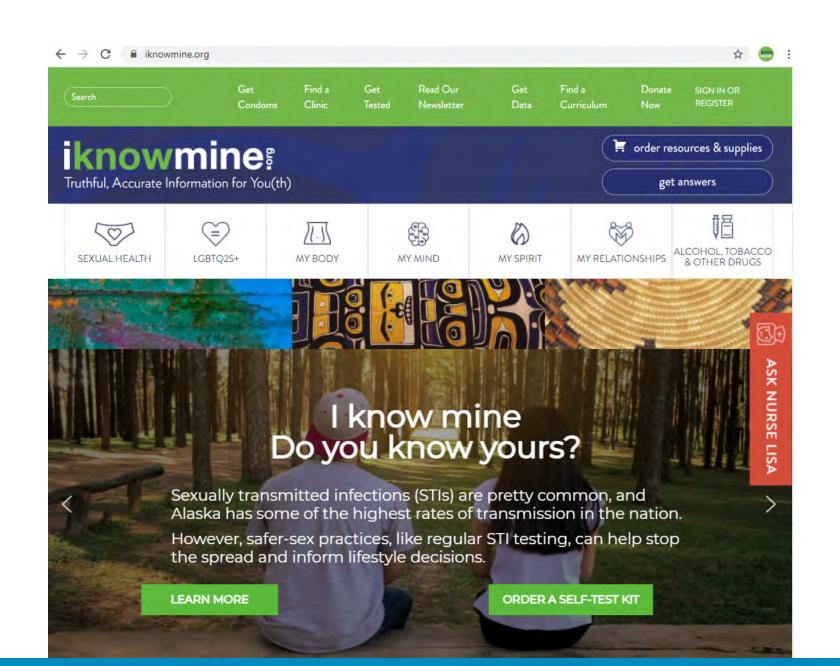
Free Resources



- > For individuals:
 - √ Condoms
 - ✓ Educational Materials
 - ✓ Harm Reduction Kits
 - ✓ Narcan® Opioid Recognition and Response Training
 - ✓ Narcan® Kits
 - ✓ Safe Medicine Disposal Bags
 - √ Ask Nurse Lisa
 - ✓ HIV Self-test Kit.
 - ✓ STD Self-test I Want The Kit

- > For caring adults:
 - √ Condoms
 - ✓ Educational Materials
 - ✓ Harm Reduction Kits
 - ✓ Narcan® Opioid Recognition and Response Training
 - ✓ Narcan® Kits
 - ✓ Safe Medicine Disposal Bags







iknowmine.org/ask-nurse-lisa



What is....
What happens if....

Ask Nurse Lisa

Do you have questions about STIs or other Sexual health issues?

How does the body....



Ask a Question

& receive a medically accurate response!









iknowmine.org/shop

Sexual Health & Wellness





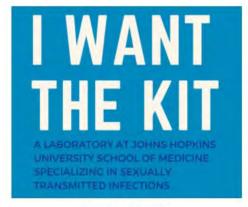
CONDOMS FOR INDIVIDUALS



CONDOMS FOR ORGANIZATIONS



HIV SELF-TEST KIT







STI CARDS

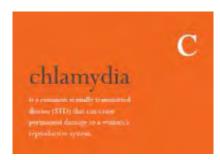


SEXUAL HEALTH PRINTED MATERIALS



postcards 4x6

























Talk to your health provider or go to an ER.

(fairpricing coalition.org/projects/) can help cover cos



wallet sized cards





"Get the Free Kit"



Find out! Get a FREE STD kit at:

iwantthekit.org

Take a test for chlamydia and gonorrhea in the privacy of your home and know your status in less than two weeks.

Questions? Call 877-334-8762



"Free Condoms"



"Getting Together" safety card





IKM STD Brochure





Prevention

abstinence

This means not having vaginal, oral or anal sex. This is the best way to protect yourself. It is possible to get an STD even without having sex through skin-to-skin contact.

monogamy

If you have sex, choose only one partner who you know and trust. Limiting your number of sex partners helps reduce your risk of getting an STD.

condon

Use latex or polyurethane condoms for any type of sex (vaginal, oral, or anal) from start to finish. Condoms protect the penis, vagina, mouth or anus from some STDs, but they will not protect against genital warts (HPV) or other lesions such as herpes, when they are present.

Female condoms are made of thin latex or plastic (polyurethane – latex free) and can be placed in the vagina up to 8 hours before sexual contact. They cannot be used together with a male condom at the same time.

water-based lubricants

Always use water-based lubricants (like K-Y jelly) with latex condoms. Oil lubricants, like baby oil can cause latex condoms to break.





I Want The Kit



- > STD self-testing kit for gonorrhea and Chlamydia
 - Trichomonas testing for female-bodied persons
 - Uses self-collected swabs
- ➤ The service began in 2004 in Baltimore through Johns Hopkins University.
- Shown to expand reach to high-risk groups
- > Free for individuals in Alaska
- Mailed discreetly



Find out! Get a FREE STD kit at:

iwantthekit.org

Take a test for chlamydia and gonorrhea in the privacy of your home and know your status in less than two weeks.

Ouestions? Call 877-334-8762





1

• STD self-test ordered on iwantthekit.org

2

- Requestor is prompted to provide CLIA-required information
- Testing kit is mailed to address provided (vaginal, penile and rectal kits are available for ordering)

3

- Specimen is self-collected, put back in tube and placed in biohazard bag
- Contact information sheet is completed
- Everything is sent back in pre-paid envelope to Johns Hopkins University (JHU)

4

- JHU lab performs FDA approved Genprobe Aptima test for GC, CT and trichomonas
- JHU lab reports all results to ANTHC and positive results to the state as required by law

5

- ANTHC provider of record contacts positives and negatives to give results
- Positives are referred to treatment depending on their location and preference
- ANTHC provider of records reports positive results to the state as required by law



HIV Self-Test Kit



- Available on <u>iknowmine.org/shop</u>
- For Alaskans 17 years of age and older
- Mailed in discreet packaging
- > ANTHC HIV Clinical Services
 - > Follow up
 - ➤ Linkage to care





iknowmine.org/shop

Safer Substance Use





SAFE MEDICINE DISPOSAL SYSTEMS



OVERDOSE RESPONSE | NARCAN® KIT



HARM REDUCTION KIT



FENTANYL TEST STRIPS



SAFER SUBSTANCE USE SUPPLIES





ANTHC HIV/STD Prevention &

SUBSTANCE USE EDUCATION



Harm Reduction 101 brochure



Harm Reduction Resources Near You:

Stressful times, like the COVID-19 pandemic, increase the likelihood of substance use. Harm reduction aims to connect people who use drugs to resources. Whether you use drugs, or love someone who does, the following resources support safer drug use and substance misuse prevention and treatment.



Emergency: Call 911

Resources near you: Call 211 or visit 211.org

Treatment options in Alaska:

Visit treatmentconnection.com

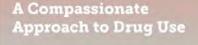
Need someone to talk to, call the Careline at 1-877-266-4357

Local, in-person or virtual support

for behavioral health or substance use management needs: Call SAMHSA's 24/7 National Helpline at 800-662-Help (4357)

Additional Harm Reduction Resources and Free Supplies, visit:

iknowmine.org/HarmReduction



Harm Reduction



People are more than their substance use. Harm reduction focuses on the whole person.



What is harm reduction?

Harm reduction is a public health philosophy that aims to minimize potential harms related to health, social and legal impacts associated with drug use, drug policies and laws.

It focuses on positive change, safety and working with people without judgment, discrimination, coercion, or requiring that individuals stop using drugs as a precondition for support.

Harm reduction meets people where they are at.





Harm Reduction 101 brochure



Common Risks

Sharing drug supplies and condomless sex puts people at risk for getting or transmitting infections.

HIV and AIDS - caused by a virus that attacks the immune system.

Hepatitis C (HCV) - a liver infection caused by a virus.

Sexually Transmitted Infections (STIs)

- caused by bacteria or viruses. STIs can increase your risk of HIV.

Reducing Risk:

- · Don't share needles
- · Test and get treated
- Communicate with sex partner(s) about testing
- Use condoms



Be Informed

People who use drugs can increase the likelihood of a long and healthy life by applying these harm reduction strategies:

Know Your Status

Having access to no or low-cost HIV, STI and HCV testing help people make informed health decisions. Talk with a provider about getting tested.

Order HIV self-tests from iknowmine.org/shop. and test in a private setting of your choosing. Know your results in 40 minutes.

Order STI self-tests from IWantTheKit.org and test for chlamydia and gonorrhea in a private setting of your choosing. Know your results in as little as two weeks.

Harm reduction recognizes the humanity in people who use substances and aims to reduce the harms associated with substance use.

Be Prepared

There are ways to reduce the risk of contracting STIs, like using condoms.

Order safer sex supplies from

iknowmine.org/shop, including free condoms and educational materials on sexual health and healthy relationships,

Reduce Risk of Overdose

Learn how to reverse an overdose: An opioid overdose happens when too much of a substance is taken, whether prescription, over-the-counter, legal or illegal. Know how to respond to an overdose involving opioids, including prescription opioids, heroin and synthetic opioids (like fentanyl), by taking a training at iknowmine.org/narcan.

Always carry Narcan® Nasal Spray (naloxone), a medication used to reverse the effects of an opioid overdose. Order a Narcan® Overdose Response Kit at iknowmine.org/shop.

Test all substances for fentanyl, a synthetic opioid about 50-100 times stronger than heroin. Detect the presence of fentanyl in substances by using a testing strip. By detecting fentanyl before use, people can make plans to reduce their risk for an overdose.

Order safer substance-use supplies

from iknownine.org/shop and other harm reduction supplies - safe medicine disposal bags, Narcan^{al} Kits, fentanyl test strips, educational materials and more – as supplies last.





Safer Substance Use



- Harm Reduction Kits
 - Received funding for 1,250 kits
 - Expected to be available Dec 2021
 - Harm Reduction Kit <u>video</u> available
- Fentanyl Drug Test Strips
 - Instructions included
- Substance Use Education
 - Substance Postcards
 - Safe in the Village DVD
 - Medication Assisted Treatment Toolkit
- > ANTHC Harm Reduction Toolkit





Opioid Overdose Response Kit



How to get Narcan® opioid overdose response kits:

- Complete the <u>Opioid Overdose Recognition and Response Training</u> (about 15 minutes)
- Email your completion certificate to store@iknowmine.org
- Place an order for a free Narcan® Kit at <u>iknowmine.org/shop</u>







A one-stop-shop for educators who want to expand learning opportunities for Al/AN youth

- HealthyNativeYouth.org
- Free curricula Native It's Your Game, Safe In The Village
- Community of Practice 2nd Wednesday of each month via Zoom
- ➤ Talking is Power text messaging campaign for caring adults text "Empower" to 97779 for tips and tools to help talk with youth about STIs and other sensitive topics



Talking is Power

➤ Talking to teens about sensitive topics is never easy, but it's important to talk to them openly and honestly.

Text the word "EMPOWER" to 97779 and you'll receive weekly text messages from Healthy Native Youth that offer culturally appropriate tips and resources

➤ Covering sexual health, pregnancy, STDs, and consent!









> IKnowMine visits: 41,814

> HIV self-test kits: 54

> Condoms: 47,066

➤ Harm Reduction Safer Injection Kits: 317

➤ Narcan® kits: 424

➤ Safe Medicine Disposal Systems: 138





Contact Information

- > Hannah Warren, hewarren@anthc.org
- > Jennifer Williamson, jjwilliamson@anthc.org

Visit us online

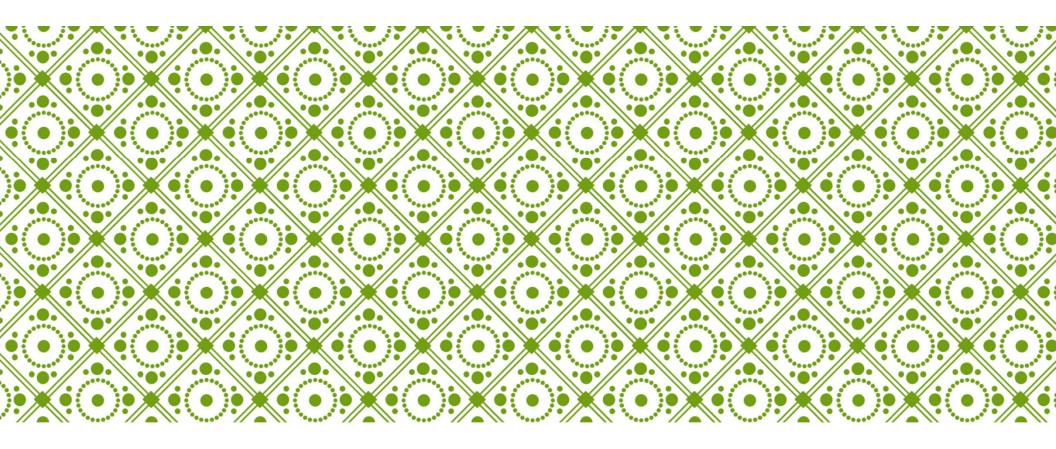
FB: @iknowmine // IG: @iknowmine

Email: info@iknowmine.org // Web: iknowmine.org

Sign up for our monthly enewsletter!

To view and order supplies, visit: iknowmine.org/shop







Fairbanks, AK

HARM REDUCTION IS OUR MISSION

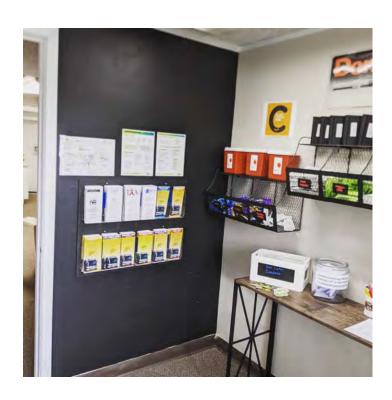
IAA's MISSION

IAA'S mission is to reduce the spread of HIV by providing meaningful and effective education and prevention services to individuals and groups who may be at increased risk; and to improve the quality of life for people living with HIV/AIDS by providing early intervention, case management and other support services.

IMAT's Commitment to service:

The overall goal of the project is to provide opportunities and support within a harm reduction model to individuals interested in developing or regaining the control and skills needed to build and maintain an informed, productive and independent lifestyle.

HOW WE DO HARM REDUCTION/PREVENTION



How we do that in prevention:

- ❖Syringe Access Program
- Condoms/lube
- HIV Education and Testing
- Special events/tabling events
- At Home Testing

SYRINGE ACCESS PROGRAM



Clean syringes and works
Clean smoking/snorting kits
Sharps containers
Outside sharps drop off
Narcan kits with fentanyl strips
Methamphetamine detox kits



HIV EDUCATION AND TESTING



We provide HIV education and testing at:

- Women's and Children's Center for Inner Healing
- ❖ Ralph Perdue Center
- *Rescue Mission

SPECIAL EVENTS/OUTREACH

- Stand Down
- ❖ Angry, Young and Poor
- Project Homeless Connect
- Health Fairs
- World AIDS Day
- ❖ Social Media
 - Instagram
 - Facebook
 - Web page

National HIV Testing Day





Outreach at Immaculate Conception Church

AT HOME TESTING

Any time, anywhere.



FOUR A'S SYRINGE SERVICE PROGRAM

How It Works:

- Drop-in and mobile services
- Supplies Available:
 - -Syringes
 - -Cookers
 - -Cottons
 - -Tourniquets
 - -Alcohol swabs
- All Clients Offered:
 - -Free HIV Testing
 - -Risk Reduction Counseling
 - -Condoms
 - -Referral to STI/STD clinic
 - -Safe sharps disposal
 - -Referrals to addiction treatment and recovery

Locations:

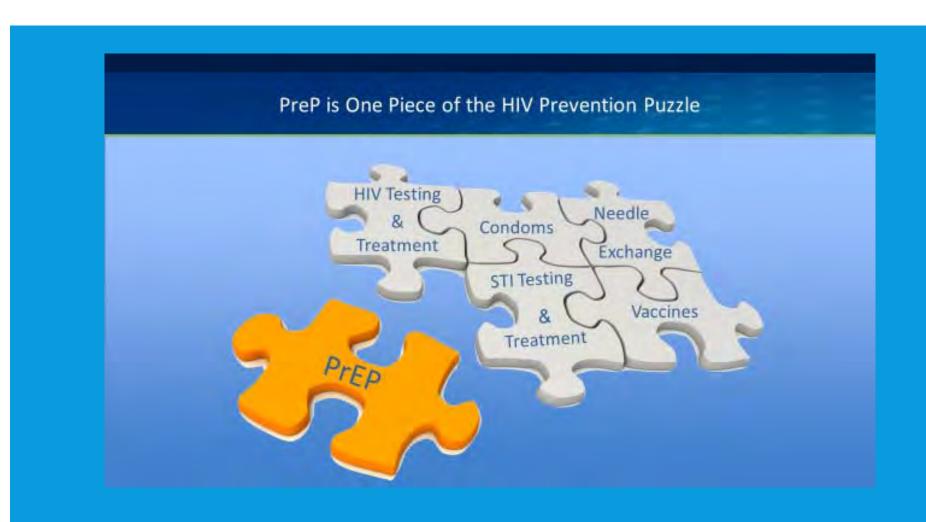
- Anchorage and Mat Su Valley
 -Call/text 907-744-6877 with questions.
- Juneau
 Call 907-586-6089 with questions
- Participants should follow the <u>FASAP Facebook</u> <u>page</u> for further updates
- More information at :
 Alaskanaids.org/prevention/syringe-exchange





Discussion

HIV PREVENTION PUZZLE

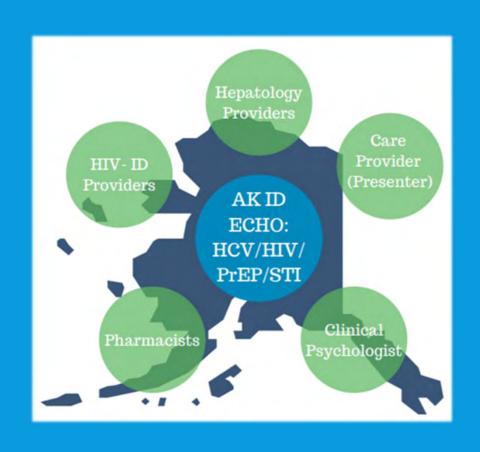






Topics for 2022 Tell us what you want to hear!

AK ID ECHO: CONSULTANT TEAM



- Youssef Barbour, MD Hepatologist
- Leah Besh, PA-C HIV/Hepatology Provider
- Terri Bramel, PA-C HIV/STI Provider
- Rod Gordon, R.Ph. AAHIVP Pharmacist
- Jacob Gray, MD Infectious Disease Provider
- Annette Hewitt, ANP Hepatology Provider
- Brian McMahon, MD Hepatologist
- Lisa Rea, RN HIV/STI Case Manager
- Rebecca Robinson, PhD Clinical Psychologist
- Lisa Townshend, ANP Hepatology Provider



DIDACTIC PRESENTATION SCHEDULE

- October 12: Trauma-Informed Care
- November 9: Stigma with patient perspective
- December 14: HCV Epidemiology, Alaska Elimination Plan



ADDITIONAL LEARNING OPPORTUNITIES

ANTHC Liver Disease ECHO

- Third Thursday of every month from 12:00-1:00 PM AKDT
- anthc.org/project-echo/alaska-liver-disease-echo



ANTHC LiverConnect

- Second Tuesday of every month 8:00-9:00AM AKDT
- anthc.org/what-we-do/clinical-and-research-services/hep/liverconnect

Addiction Medicine ECHO

- Second and fourth Thursday of every month from 12-1:oo PM
- anthc.org/project-echo/addiction-medicine-echo

Indian Country ECHO Programs

- Harm Reduction ECHO
- Trans and Gender Affirming Care ECHO
- www.indiancountryecho.org/teleecho-programs





ADDITIONAL RESOURCES

AASLD HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C

hcvguidelines.org

Hepatitis C Online (curriculum), University of Washington

hepatitisc.uw.edu

National HIV Curriculum, an ATEC Program led by the University of Washington

hiv.uw.edu

CDC's 2021 Sexually Transmitted Diseases Treatment Guidelines

cdc.gov/std/treatment-guidelines/default.htm

CDC's Pre-Exposure Prophylaxis (PrEP) overview and guidelines

cdc.gov/hiv/clinicians/prevention/prep

UCSF Transgender Care

transcare.ucsf.edu/guidelines



AK ID ECHO Contacts

ANTHC Staff

- Leah Besh PA-C, Program Director: labesh@anthc.org
- Jennifer Williamson, Program Coordinator: 907-729-4596 or jjwilliamson@anthc.org
- · Lisa Rea RN, Case Manager: ldrea@anthc.org



ANTHC Early Intervention Services/HIV Program: 907-729-2907

Northwest Portland Area Indian Health Board

- David Stephens: Director Indian Country ECHO: <u>dstephens@npaihb.org</u>
- Jessica Leston: Clinical Programs Director: <u>jleston@npaihb.org</u>







Thank you!

AK ID ECHO is supported by a grant from the Northwest Portland Area Indian Health Board and funding is provided from the HHS Secretary's Minority HIV/AIDS Fund.

sakung mahsi.

" osspan odnikang odnika qagaasakung
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