



Why add fluoride to our water?

It's good for dental health

- Children who live in rural Alaska communities without fluoridated water have three times more cavities than those in communities with fluoridated water
- Water fluoridation reduces tooth decay by 30-60 percent in baby teeth and 15-30 percent in permanent teeth

It works and is proven to be safe

- It is a natural mineral that already exists in water
- There are over 70 years of credible scientific evidence that proves its effectiveness and safety
- It is used all over the world and in most major cities

It's easy and cost efficient

- Implementing fluoride treatment is simple
- It is the most cost effective way to protect children's teeth

It's a supported statewide initiative

- There is a statewide support network that monitors fluoride use and ensures safety
- The support network offers training and outreach to operators

Give our families a better chance for improved dental health. Ask about community water fluoridation today!

- Contact your water utility and ask about fluoride
- Call your local Environmental Health department
- Contact ANTHC's Fluoride Promotion program - We are available to do community presentations and may be able to help pay for design, instillation and water plant operator training.

For more information about ANTHC's Fluoride Promotion program, call (907) 729-3673 or email bjberube@anthc.org.



**ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM**