

Learn to Make Akutaq Together

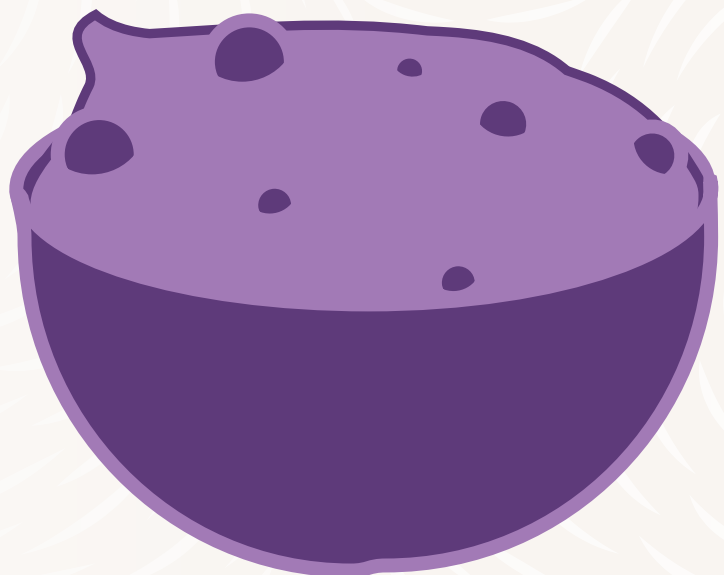
Here is a fun activity the entire family can do! This cultural activity has been practiced among Alaska Native people for countless generations. Here is one recipe variation for akutaq.

Instructions:

1. Combine Crisco and instant potatoes in a mixing bowl (*make sure the instant potatoes are cooled*).
2. Whip together for 5 minutes by hand or a mixer until mixture is fluffy.
3. Add vegetable oil, stir.
4. Add 1/2 cup of sugar, and continue to whip until sugar dissolves. Add more sugar for desired taste.
5. Add between 1/2 gallon to a gallon of berries, stir until mixed.
6. The akutaq is ready to eat.

Ingredients:

- 2 cups Crisco
- 2 cups prepared instant potatoes, cooled
- 2 tablespoons vegetable oil
- 1/2 cup – 1 cup sugar (*to taste*)
- 1/2 gallon – 1 gallon berries (*blueberries, salmonberries, cranberries, or store bought mixed berries, to taste*)



This recipe and more can be found on the SouthCentral Foundation website at southcentralfoundation.com