



# Social Determinants of Health in Anchorage: Catholic Social Services

Lisa DH Aquino, MHS  
CEO, Catholic Social Services  
Anchorage, Alaska  
9072227351 (office)  
[ldhaquino@cssalaska.org](mailto:ldhaquino@cssalaska.org)

# How We Help

- Brother Francis Shelter
- Clare House
- Homeless Family Services
- Supportive Family Services
- St. Francis House Food Pantry
- Refugee Assistance and Immigration Services



# Populations Served

- People experiencing homelessness: adults, families, Veterans, seniors
- Refugees and asylees
- Families with a family member who is experiencing developmental disabilities
- Individuals, families, and seniors experiencing food insecurity

*Vulnerable people,  
many experiencing poverty*



# Clare House

- *Clare House is a shelter for moms and kids, and pregnant moms, experiencing homelessness.*
- Program that connects all participants with housing support services
- One of a system of family homelessness services
  - McKinnell House – Salvation Army
  - Safe Harbor – RurAL CAP

**Contact for Clare House: (907) 563-4545**



# Brother Francis Shelter

- Brother Francis Shelter is an emergency shelter for adults in Anchorage.
- It is low barrier
- In Covid it is serving primarily people with access challenges
- It has been the largest shelter in the state of over 30 years, only in Covid as that shifted – but we are the state experts on low barrier shelter.
- Referrals can come through the Sullivan Shelter (Muni), or from the hospitals, or walk ins.
- One of a system of shelter for adults
  - Sullivan Arena
  - Gospel Rescue Mission
  - Downtown Hope Center

**Brother Francis Shelter:**  
**(907) 277-1731**



## THE HEALTHCARE AND HOMELESSNESS PARTNERSHIP

- Create a safe place for people who are homeless to recuperate from serious illnesses.
  - **Medical Respite**
- Create treatment and care options more easily accessible by people experiencing homelessness
  - **Clinic**
  - **Transport**



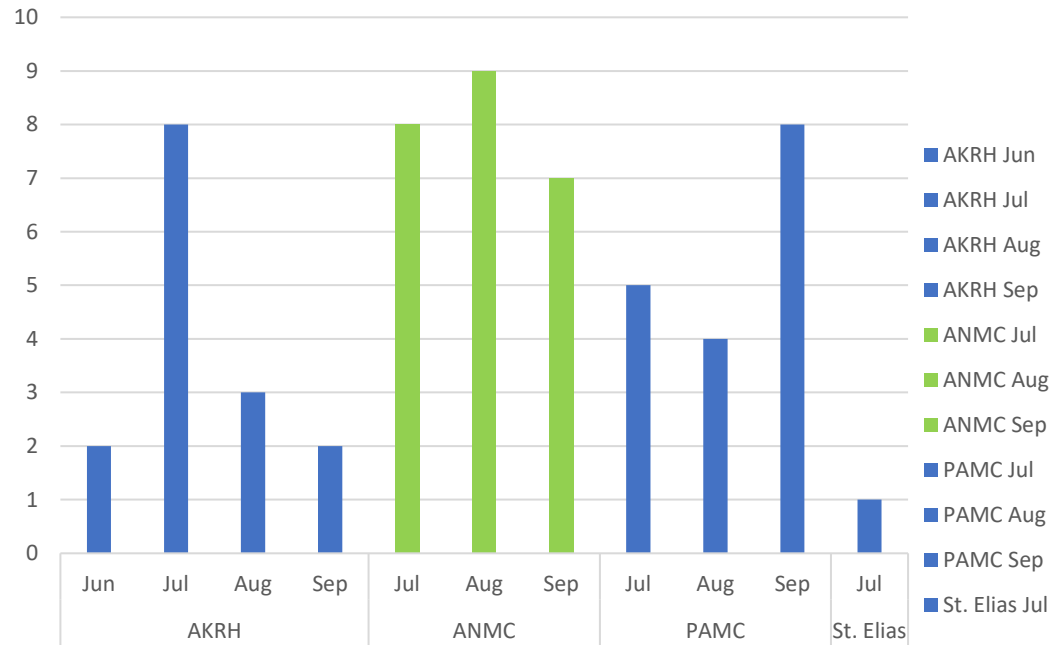
# Medical Respite

- 10 beds, average length of stay 3-4 weeks
- 45-50 referrals per quarter
- Currently seeing all referrals (45-50) in the quarter – and capacity for more referrals
- **Ability to support  $\approx$  300 bed nights per monthly, saving hospitals up to as \$600k per month**
- Staff works with patient-guests to support and identify housing resources

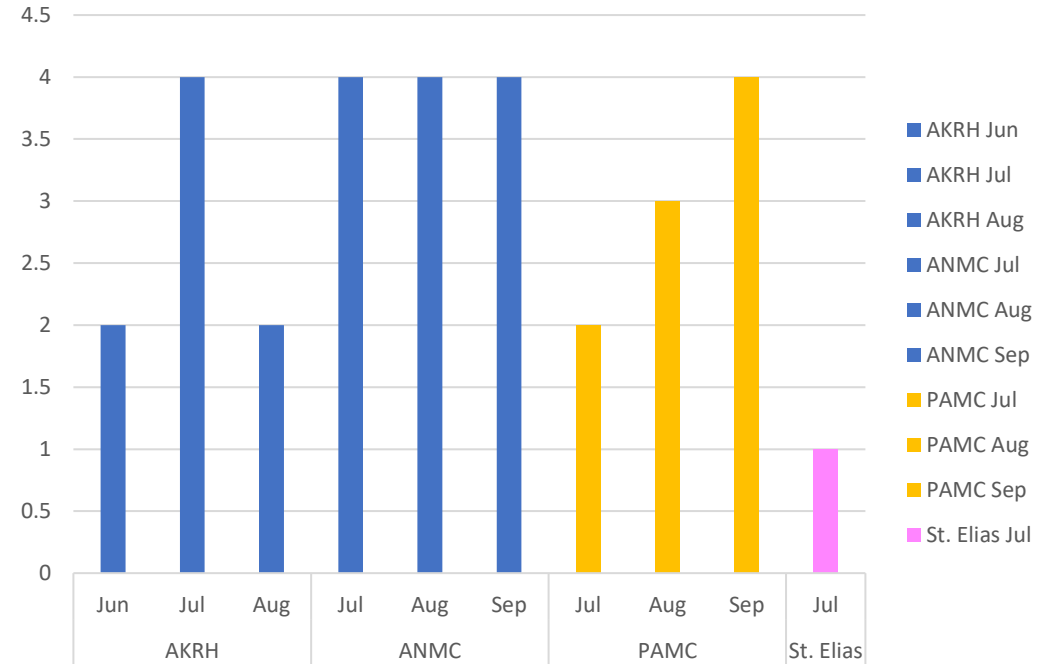


# Referral Snapshot by Hospital

Number referred Quarter (57)  
July – Sept 2020

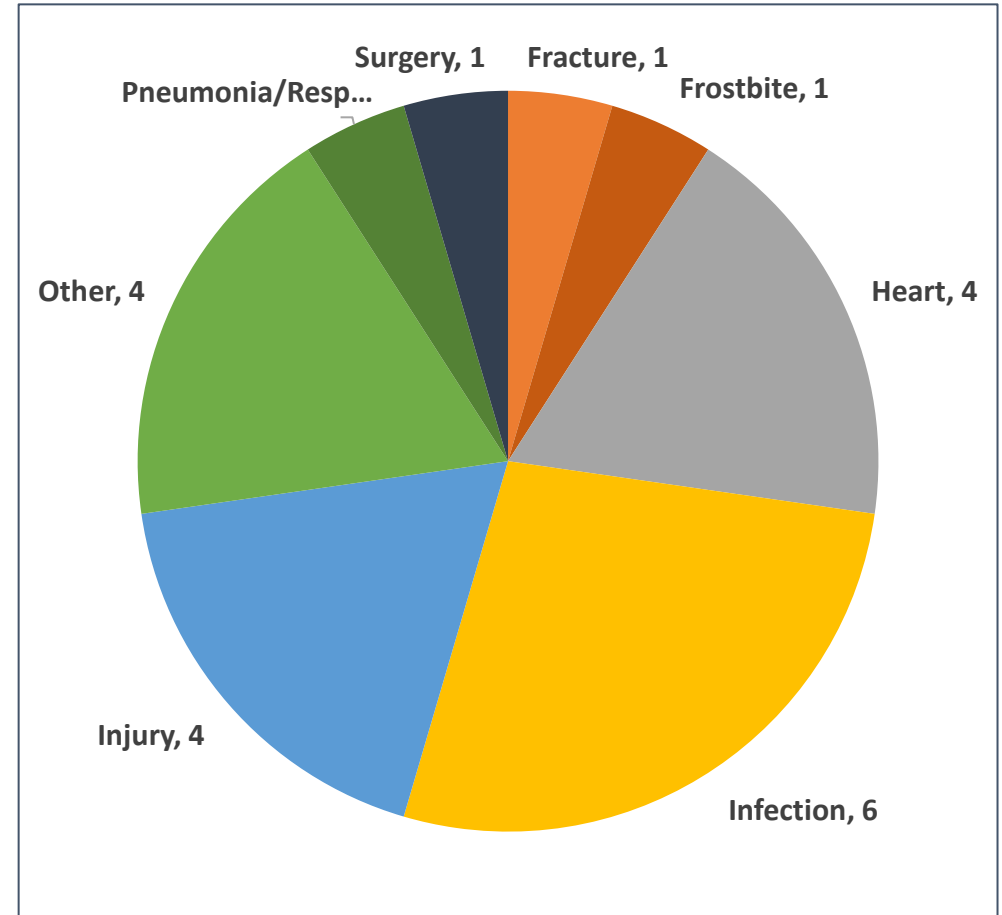
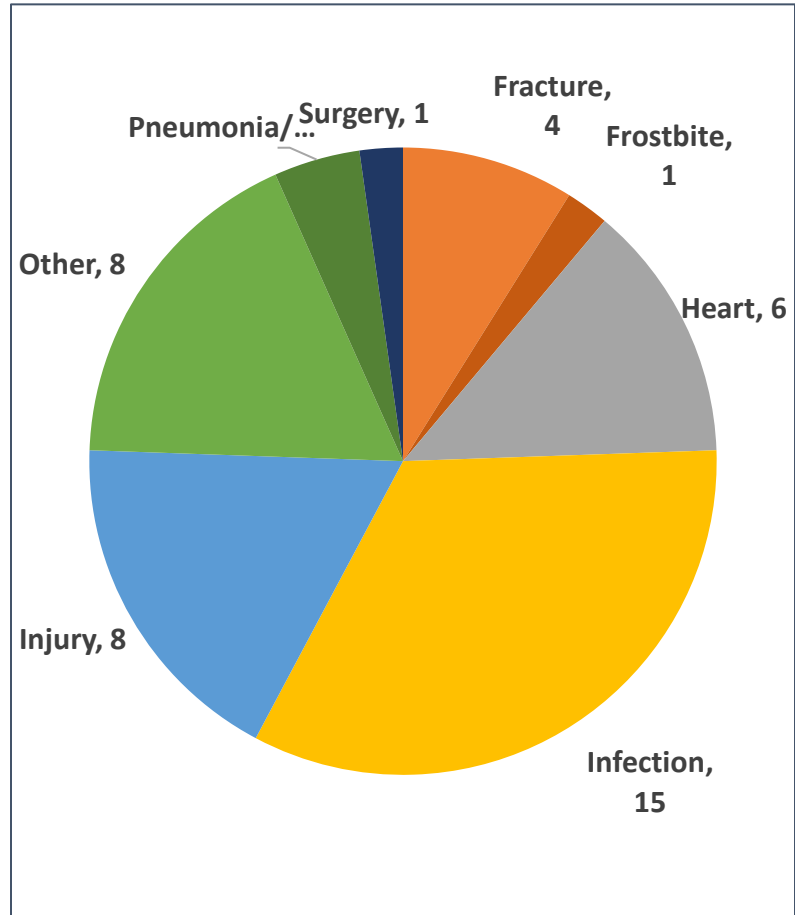


Number Admitted (30 )  
July-Sept 2020





# Patient Diagnoses

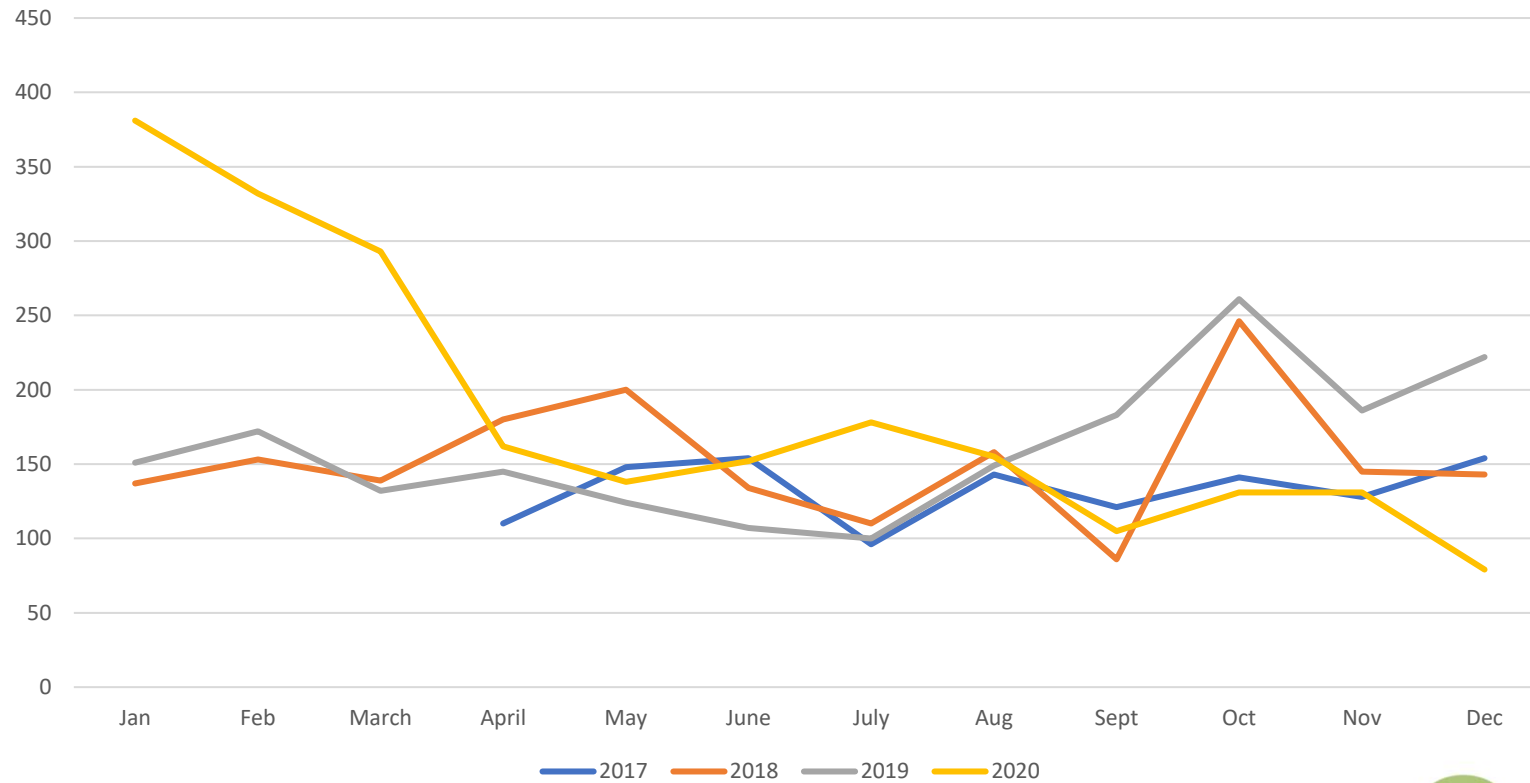


# Health Clinics in shelters in Anchorage

- Brother Francis Shelter Caring Clinic
  - Southcentral Foundation
- Sullivan Arena Clinic
  - Southcentral Foundation
  - Providence Residency
  - Providence Behavioral Health (MAT)
- Covenant House Alaska
  - Southcentral Foundation



# BFS Clinic Monthly Volume 2017-2020



**Visits per year**  
 2017 - 1195  
 2018 - 1831  
 2019 - 1933  
 2020 - 2106\*



# Homeless Family Services and housing

- Catholic Social Services is the largest housing entity in Anchorage – in FY20 we housed over 370 households (more than 900 people)
- We use a Critical Time Intervention model
- Access to housing, through CSS and other partners, needs to come through the Coordinate Entry system.





# Coordinated Entry – Anchorage Coalition to End Homelessness

[Get Help - Anchorage Coalition to End Homelessness | Anchorage Coalition to End Homelessness \(aceh.org\)](http://aceh.org)

## ANCHORAGE COALITION TO END HOMELESSNESS

**Sarah**  
907 312 9478  
*By appointment only*

**Mac**  
907 310 6734  
*By appointment only*



## RurAL CAP

**Sean**  
907 538 2649  
*Available Saturday 10AM – 4PM and  
by Appointment*

**Jerry**  
907 538 6332  
*Available Saturday 10AM – 4PM and  
by Appointment*

## ANCHORAGE LOUSSAC PUBLIC LIBRARY

**Rebecca**  
907 343 2911  
*By appointment only*

**Ziona**  
907 885 9508  
*Available Tuesday-Saturday 4:00-  
6:00PM*

For those at risk of experiencing homelessness **Please contact 2-1-1**

# St. Francis House Food Pantry

- Largest food pantry in Alaska
- Emergency supply of food (4 days)
- In Covid can come back weekly (previously monthly)
- Other food pantries in Anchorage
  - Lutheran Social Services
  - New Hope



# Food Pantries in Anchorage

| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY  |
|---|--|---|--|--|---|---|
| <b>*Possible Closures on 1/18; call 2-1-1</b>   |  |   |  |  |   |   |
| <b>HOT MEAL:</b><br>*Anchorage Gospel Rescue Mission<br>6am-6:45am & 4:30pm-6:15pm<br>*Bean's Café - <i>*at Sullivan Arena</i> - 7am-9am & 12pm-2pm & 5pm-6:30pm<br>*Church of the Nations 3pm-4:30pm   | <b>HOT MEAL:</b><br>*Anchorage Gospel Rescue Mission<br>6am-6:45am & 4:30pm-6:15pm<br>*Bean's Café - <i>*at Sullivan Arena</i> - 7am-9am & 12pm-2pm & 5pm-6:30pm<br>*Downtown Hope Center 12pm-1:30pm  | <b>HOT MEAL:</b><br>*Anchorage Gospel Rescue Mission<br>6am-6:45am & 4:30pm-6:15pm<br>*Bean's Café - <i>*at Sullivan Arena</i> - 7am-9am & 12pm-2pm & 5pm-6:30pm<br>*Downtown Hope Center 12pm-1:30pm   | <b>HOT MEAL:</b><br>*Anchorage Gospel Rescue Mission<br>6am-6:45am & 4:30pm-6:15pm<br>*Bean's Café - <i>*at Sullivan Arena</i> - 7am-9am & 12pm-2pm & 5pm-6:30pm<br>*Downtown Hope Center 12pm-1:30pm  | <b>HOT MEAL:</b><br>*Anchorage Gospel Rescue Mission<br>6am-6:45am & 4:30pm-6:15pm<br>*Bean's Café - <i>*at Sullivan Arena</i> - 7am-9am & 12pm-2pm & 5pm-6:30pm<br>*Downtown Hope Center 12pm-1:30pm  | <b>HOT MEAL:</b><br>*Anchorage Gospel Rescue Mission<br>6am-6:45am & 4:30pm-6:15pm<br>*Bean's Café - <i>*at Sullivan Arena</i> - 7am-9am & 12pm-2pm & 5pm-6:30pm<br>*Downtown Hope Center 12pm-1:30pm   | <b>HOT MEAL:</b><br>*Anchorage Gospel Rescue Mission<br>6am-6:45am & 4:30pm-6:15pm<br>*Bean's Café - <i>*at Sullivan Arena</i> - 7am-9am & 12pm-2pm & 5pm-6:30pm  |
| <b>FOOD PANTRY:</b><br>*Girdwood Chapel<br>2:00pm-4:00pm<br>1st & 3rd Sunday 1/3 & 1/17<br><i>Only Girdwood &amp; Four-Valley Residents</i><br>*Sonrise Community Church<br><i>Hot Meal &amp; Pantry 11am</i><br>2nd & 4th Sunday<br>1/10 & 1/24  | <b>FOOD PANTRY:</b><br>*Chugiak-Eagle River FP<br>10:00am-12:45pm CALL FIRST<br>*F.I.S.H.<br><i>call for times</i><br>*St. Francis House<br>9:00am-1:00pm<br><b>MOBILE FOOD PANTRY:</b><br>*Tikahtnu Sam's Club<br>5:00 pm - 7:00 pm<br><b>CLOSED 1/18</b> | <b>FOOD PANTRY:</b><br>*Chugiak-Eagle River FP<br>3:30pm-7:15pm CALL FIRST<br>*Harvest Christian Fellowship<br>11:00am-2:00pm<br>2nd & 4th Tues 1/12 & 1/26<br>*Lutheran Social Services 1-4pm<br>*New Hope Compassionate Ministries 10:00am-1:00pm<br><i>See notes below!</i><br>*Open Door Mission<br>4:00pm-5:30pm<br>*Salvation Army Family Emergency Services<br>1:30pm - 4:30pm<br>*St. Francis House<br>9:00am-1:00pm<br><b>MOBILE FOOD PANTRY:</b><br>*Lutheran Church of Hope 5 pm<br><i>Do not arrive before 4 pm</i> | <b>FOOD PANTRY:</b><br>*Anchorage Northside SDA 5 pm - 6pm<br><b>CLOSED</b><br>*F.I.S.H. - <i>call for times</i><br>*Girdwood Chapel<br>2:00pm - 4:00pm<br>*Lutheran Social Services 4-7pm<br>*Salvation Army Family Emergency Services<br>1:30pm - 4:30pm<br>*St. Francis House<br>9:00am-1:00pm & 4th Wed 1/27 4:00 pm - 6:30 pm<br><b>MOBILE FOOD PANTRY:</b><br>*Centennial Village 2 pm<br><b>CLOSED 1/1</b><br><i>Do not arrive before 1 pm</i><br>*Muldoon Community Assembly 9:30am  | <b>FOOD PANTRY:</b><br>*Lutheran Social Services<br>1:00-4:00pm<br>*Harvest Christian Fellowship<br>11:00am-2:00pm<br>2nd & 4th Thurs 1/14 & 1/28<br>*Salvation Army Family Emergency Services<br>1:30pm - 4:30pm<br>*St. Francis House<br>9:00am-1:00pm<br>*F.I.S.H. - <i>call for times</i><br><b>MOBILE FOOD PANTRY:</b><br>*ChangePoint 3:30pm<br>2nd & 4th Thurs 1/28<br>*St. John Methodist 5pm<br>3rd Thurs 1/21<br>*Tikahtnu Sam's Club<br>5:00 pm - 7:00 pm | <b>FOOD PANTRY:</b><br>*Chugiak-Eagle River FP<br>10am-12:45pm CALL FIRST<br><b>CLOSED 1/1</b><br>*F.I.S.H. - <i>call for times</i><br><b>CLOSED 1/1</b><br>*Lutheran Social Services<br>1:00-4:00pm<br><b>CLOSED 1/1</b><br>*Salvation Army Family Emergency Services<br>1:30pm - 4:30pm<br>*Voice of Christ JCCA<br>5:00-7:00 pm<br>2nd & 4th Fri 1/15 & 1/29<br><b>MOBILE FOOD PANTRY:</b><br>*Mountain View 5 pm<br><b>**Location Change</b><br><b>CLOSED 1/1</b> | <b>FOOD PANTRY:</b><br>*Chugiak-Eagle River FP<br>1:00-2:00pm<br><i>Distributes <u>only</u> in parking lot</i><br>*F.I.S.H. - <i>call for times</i><br>*MLK Jr. Foundation 8-10am<br>1st, 2nd, 3rd & 4th Sat.<br>1/9, 1/16, 1/23<br><b>CLOSED 1/2</b><br>*Mountain Coast Vineyard<br>9am-10:30am<br>3rd Saturday 1/16<br><b>MOBILE FOOD PANTRY:</b><br>*Fairview Rec Center 2 pm<br>2nd & 3rd Sat 1/9 & 1/16<br>*First CME Church 2pm<br>1st & 4th Sat 1/2 & 1/23<br>*Jewel Lake Church of the Nazarene 10 am |
| <b>FOOD DISTRIBUTION LOCATIONS (For places listed on the calendar above)</b>  |  |   |  |  |   |   |
| *Food Pantry: distributes a variety of items like canned & boxed food   |  |   | * Mobile Food Pantry (MFP): usually distributes fresh items like produce and bread (arrive 30 minutes early to register & bring bags)  |  |   |   |
| Anchorage Northside SDA Church - 204 W 10th Ave - 907-278-6276<br>Chugiak-Eagle River FP (only Chugiak-ER residents) 12836 Old Glenn Hwy<br><b>OPEN BY APPT ONLY - MUST CALL 2 DAYS BEFORE TO SCHEDULE - 907-694-5228</b><br>F.I.S.H. - Deliveries - 907-277-0818<br>Girdwood Chapel - 102 Heavenly Valley Dr - 907-783-0127<br>Harvest Christian Fellowship Eagle River - 17106 Hanson Drive - 907-694-9395<br>Lutheran Social Services - 1303 W 33rd Ave - 907-272-0643 x14<br>MLK Jr. Foundation/Shiloh Mission - 1928 Juneau St - 907-770-9846<br>Mountain Coast Vineyard - 2511 Sentry Dr - 907-891-1156<br>New Hope Compassionate Ministries - 1220 E St - 907-274-4673 - delivery information below<br>*for delivery call 907-274-4673 on Wednesday or Thursday*<br>Open Door Mission - 2600 E 16th Ave - 907-677-3630<br>Salvation Army Family Emergency Services - 1717 A St - 907-277-2593<br>St. Francis House Food Pantry - 3710 E 20th Ave - 907-222-7323<br>Voice of Christ JCCA Food Pantry - 1120 E 13th Ave<br><b>*Hot Meals: serves, hot, nutritious food at different times of the day</b> |  |   | Centennial Village MFP - 9131 Centennial Dr<br>ChangePoint MFP - 6609 ChangePoint Drive<br>Fairview Rec Center MFP - 1121 E 10th Ave<br>First CME Church MFP - 3600 MacInnes St<br>Jewel Lake Church of the Nazarene MFP - 4025 W 88th Ave<br>Lutheran Church of Hope MFP - 1847 W Northern Lights Blvd<br>Mountain View MFP - Clark Middle School - 150 Bragaw Street - Parking Lot on Mt. View Dr & Price St<br>Muldoon Community Assembly - 1005 Ermine St<br>St. John United Methodist Church - 1801 O'Malley Rd<br>Tikahtnu Sam's Club Parking Lot - 1074 North Muldoon Rd<br><b>Drive through distribution only - One box per week, per family - REGISTRATION IS REQUIRED</b><br><a href="http://foodbankofalaska.formstack.com/forms/tefap_application_fv21">http://foodbankofalaska.formstack.com/forms/tefap_application_fv21</a><br><b>*Other Food Distributions</b><br>Children's Lunchbox Distribution<br>Lighthouse Fellowship, Loussac Place, Spenard Rec Center - Monday, Wednesday, Friday 3-3:45 pm<br>Fairview Rec Center - Monday, Wednesday, Friday 4-4:45pm |  |   |   |
| Anchorage Gospel Rescue Mission - 2823 E Tudor Rd - 907-563-5603 (need to pass a breathalyzer)<br>Bean's Café - serving meals out of the Sullivan Arena, 1600 Gambell St - 907-274-9595<br>Church of the Nations - 810 E 9th Ave<br>Downtown Soup Kitchen - 240 E 3rd Ave - 907-277-4302<br>Sonrise Community Church - 300 N Bragaw St - 907-279-4316   |  |   | *Call 2-1-1 for information on schedule updates & other services*  |  |   |   |
| *To receive this calendar by e-mail, please contact: <a href="mailto:programs@foodbankofalaska.org">programs@foodbankofalaska.org</a> or visit our new mobile phone friendly pantry finder at <a href="http://www.anchoragefood.org">www.anchoragefood.org</a> or scan our QR box!  |  |   |  |  |   |   |
| *FBA & TEFAP sites are equal opportunity providers*   |  |   |  |  |   |   |



# Impacts of Covid 19

- Outbreak among population experiencing homelessness
- Access to healthcare
- Increase in homelessness
- Increase in food insecurity







Issues to consider in the coming year for our neighbors and clients





Solutions exist. We have, as a global community, addressed many of the issues related to health and poverty. Together we can turn this around, even in the face of a pandemic, by uniting around what we all know.

*The dignity of each human person and the pursuit of the common good are concerns which ought to shape all economic policies.*

*Pope Francis*



*Thank you*

Lisa DH Aquino, MHS  
Chief Executive Officer  
Catholic Social Services  
907-222-7351 (office)  
[ldhaquino@cssalaska.org](mailto:ldhaquino@cssalaska.org)