

# Patient Instructions for Nares Swab

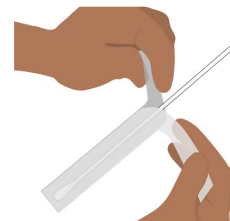
1. Look at the test tube vial. Check label for the accuracy of your **name and birthdate**. If it is not correct, **STOP** and notify testing site staff



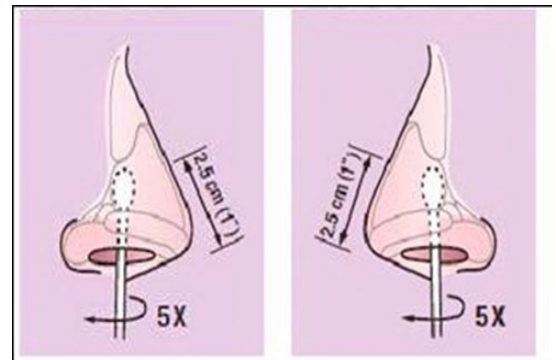
2. Apply hand sanitizer



3. Open swab package at one end and remove swab. Be careful. DO NOT let the testing tip (looks like white cotton) touch your fingers or anything else

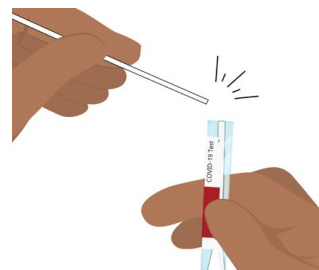


4. Place swab inside the opening of the nose. Do not insert more than 1/2—1 inch. Slowly twist the swab, running it along the inside of the nostril for 5 seconds



5. Remove the swab and repeat on the other side of the nose

6. Place the swab in the sterile tube and snap off the end of the swab at the break line. Place the cap on the tube.



7. Place tube in plastic bag and seal

8. Give the bag to testing site staff

9. Reapply hand sanitizer

