

COVID-19 Obstetrics and Gynecology PPE standards

Personal Protective Equipment (PPE) for COVID-19			
	Patient PPE	Transmission Based Precautions	Healthcare Worker PPE
Patient presenting without Symptoms* consistent with COVID-19	Mask or Face Covering	Standard Precautions	Surgical or Procedure Mask Goggles, Face Shield, or Protective Eyewear
Use hospital provided medical grade PPE as indicated below and always follow Standard Precautions			
Patient presenting with Symptoms* consistent with COVID-19	Surgical or Procedure Mask**	Droplet Contact Eye Protection	Surgical or Procedure Mask Goggles, Face Shield, or Protective Eyewear Gown Gloves
May change to Standard Precautions if indicated after attending evaluation			
COVID-19 Suspected or Positive patient	Surgical or Procedure Mask**	<u>Droplet</u> Contact Eye Protection	Surgical or Procedure Mask Goggles, Face Shield or Protective Eyewear Gown Gloves
COVID-19 Suspected or Positive patient AND Undergoing aerosolizing procedure*** or Critically Ill	Surgical or Procedure Mask**	<u>Airborne</u> Contact Eye Protection	N95 Respirator Mask or PAPR Goggles, Face Shield, or Protective Eyewear Gown Gloves

* Symptoms consistent with COVID-19: fever or chills, new cough, new shortness of breath, new fatigue, muscle or body aches, new headache, new loss of taste or smell, sore throat, new congestion, new nausea, vomiting, or diarrhea

** Patients will continue to wear a mask when in room with a healthcare provider, unless the wear of the mask poses a safety risk, inhibits communication, or needs to be removed for assessment, treatment, or test. Ask patient to place mask back on when safe to do so.

***Examples of Aerosolizing Procedures: Intubation, Extubation, non-invasive ventilation, nasotracheal suction, ENT Procedures, nebulizers, bronchoscopy, CPR

8.11.20

3/31/20 STT 4/19/20 STT 4/21/20 STT 4/28/20 STT 7/12/20 STT
8/27/20 STT

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To conserve PPE, try to limit number of providers to essential personnel. For example, consider having Peds wait outside room when appropriate.*

Risks and Definition		
High Risk: Airborne/Droplet/Contact	Patient wears	Provider, RN, team members in room wear
Cesarean delivery: <ul style="list-style-type: none"> • PUI or COVID + • COVID Test Pending-Asymptomatic (CTP-A) or Negative rapid test with a pending 24 hour turn-around test 	Mask	N95, eye protection, face shield, gown, and gloves
Vaginal Delivery/2 nd stage of labor** <ul style="list-style-type: none"> • PUI or COVID + • COVID Test Pending-Asymptomatic (CTP-A) or Negative rapid test with pending 24 hour turn-around test 	Mask (may be challenging for patient during pushing)	N95, eye protection, face shield, gown, and gloves
Women brought to OR for management of postpartum hemorrhage or other gyn procedure with Intubation (or anticipated intubation when there may not be time to properly re-don) <ul style="list-style-type: none"> • PUI or COVID + patient • COVID Test Pending-Asymptomatic (CTP-A) 	Mask	N95, eye protection, and face shield, gown, and gloves
Moderate Risk: Droplet /Contact		
Vaginal Delivery/2 nd stage of labor/other surgical procedures <ul style="list-style-type: none"> • Asymptomatic with Negative COVID-19 Rapid or Within 24 hour Turn Around test within 2 days 	Mask	Surgical mask, eye protection, face shield, gown, and gloves
Non-procedural patient encounters <ul style="list-style-type: none"> • PUI or COVID + 	Mask	Surgical mask, eye protection, face shield, gown, and gloves
Low Risk to health care team: Standard Precautions		
Non-procedural patient encounters <ul style="list-style-type: none"> • COVID Test Pending-Asymptomatic (CTP-A) • Patients without risk factors or symptoms 	Mask	Surgical mask and eye protection highly recommended

***Follow ANMC HUB guidelines for PPE Standards and Conservation Matrix**

**Given several variables unique to childbirth, including the length of patient contact, repeated and prolonged exhalations, and often substantial exposure to body fluids, SMFM believes it is reasonable to consider N95 mask use for HCWs caring for patients with suspected or confirmed COVID-19 in the second stage of labor, including specifically HCWs with significant and prolonged exposure to such patients.

3/31/20 STT 4/19/20 STT 4/21/20 STT 4/28/20 STT 7/12/20 STT
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Recommendations for how to wear a mask:

- Before putting on a mask, clean hands with alcohol-based hand rub or soap and water.
- Cover mouth and nose with mask and make sure there are no gaps between your face and the mask.
- Avoid touching the mask while using it; if you do, clean your hands with alcohol-based hand rub or soap and water.
- Replace the mask with a new one as soon as it is damp or contaminated.
- To remove the mask: remove it from behind (do not touch the front of mask); discard immediately in a closed bin; clean hands with alcohol-based hand rub or soap and water.