

AUDIT-C, Alcohol & Marijuana Use Questionnaire

Patient Name _____ Date of Visit _____

1. Within the past year, how often did you have a drink of alcohol?

- a. Never
- b. Monthly (e.g. Special occasions/Rare)
- c. 2-4 times a month (e.g. 1x on weekend - "Fridays only" or "every other Thursday")
- d. 2-3 times a week (e.g. weekends – Friday-Saturday or Saturday-Sunday)
- e. 4 or more times a week (e.g. daily or most days/week)

2. Within the past year, how many standard drinks containing alcohol did you have on a typical day?

Standard drink: 1 beer = 12 oz. beer 1 glass of wine = 5 oz. 1 drink of liquor = 1.5 oz. (NIAA.NIH.gov)

- a. 1 or 2
- b. 3 or 4
- c. 5 or 6
- d. 7 to 9
- e. 10 or more

3. Within the past year, how often did you have six or more drinks on one occasion?

- a. Never
- b. Less than monthly
- c. Monthly
- d. Weekly
- e. Daily or almost daily

AUDIT-C is available for use in the public domain

Additional Questions

4. About how many drinks do you drink in a week? _____

5. How many years in your life have you (or did you) drink heavily (defined as 5 or more drinks/day on 4 or more days per week)? _____

6. In the past three months, how often have you used cannabis (such as marijuana, pot, weed, grass) in any form?

- Never
- Monthly
- Weekly
- Daily or almost daily

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