

ANTHC Critical Incident Stress Management (“CISM”) Team

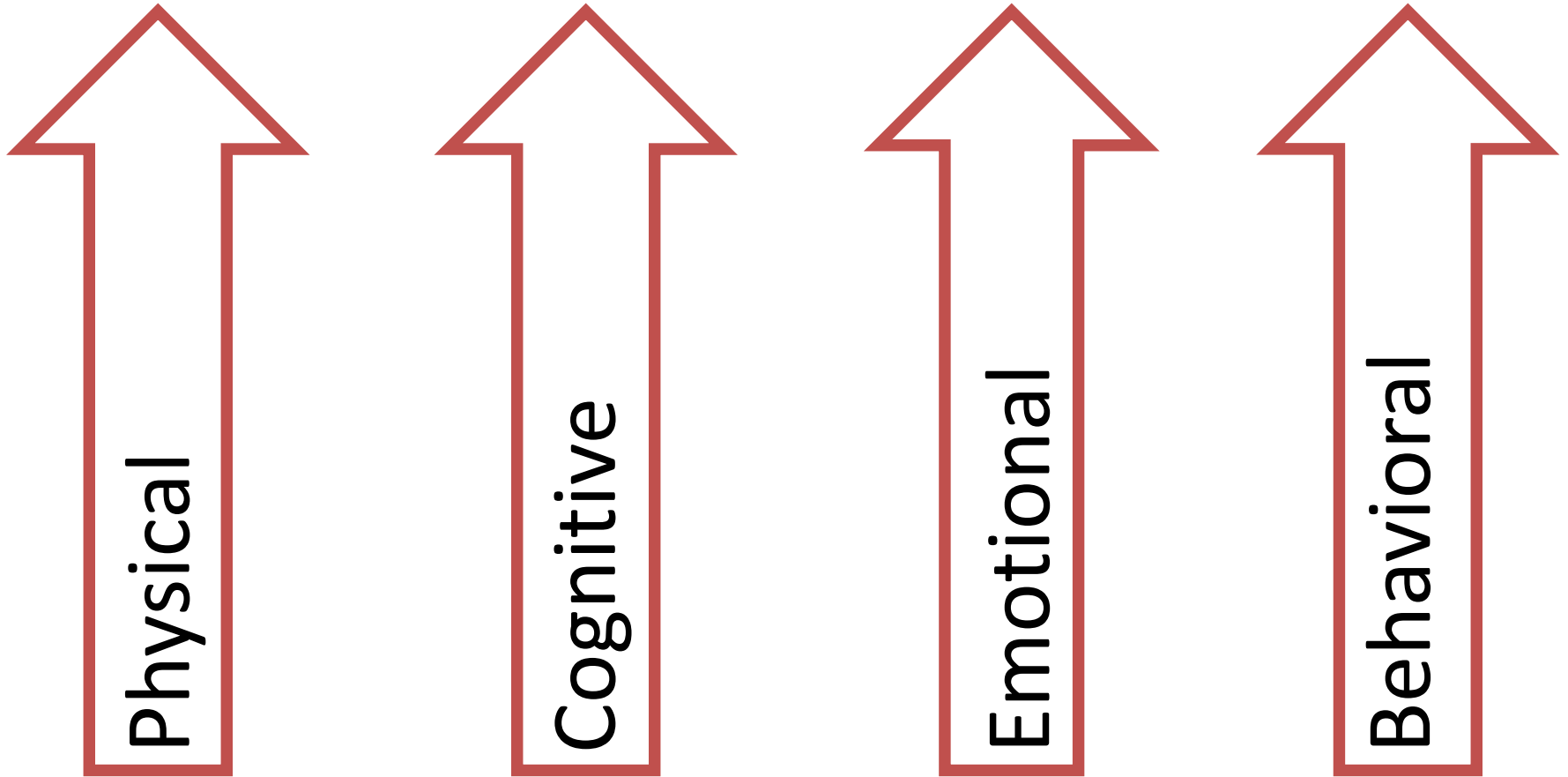
Karin Anderson, LCSW
CISM Clinical Coordinator



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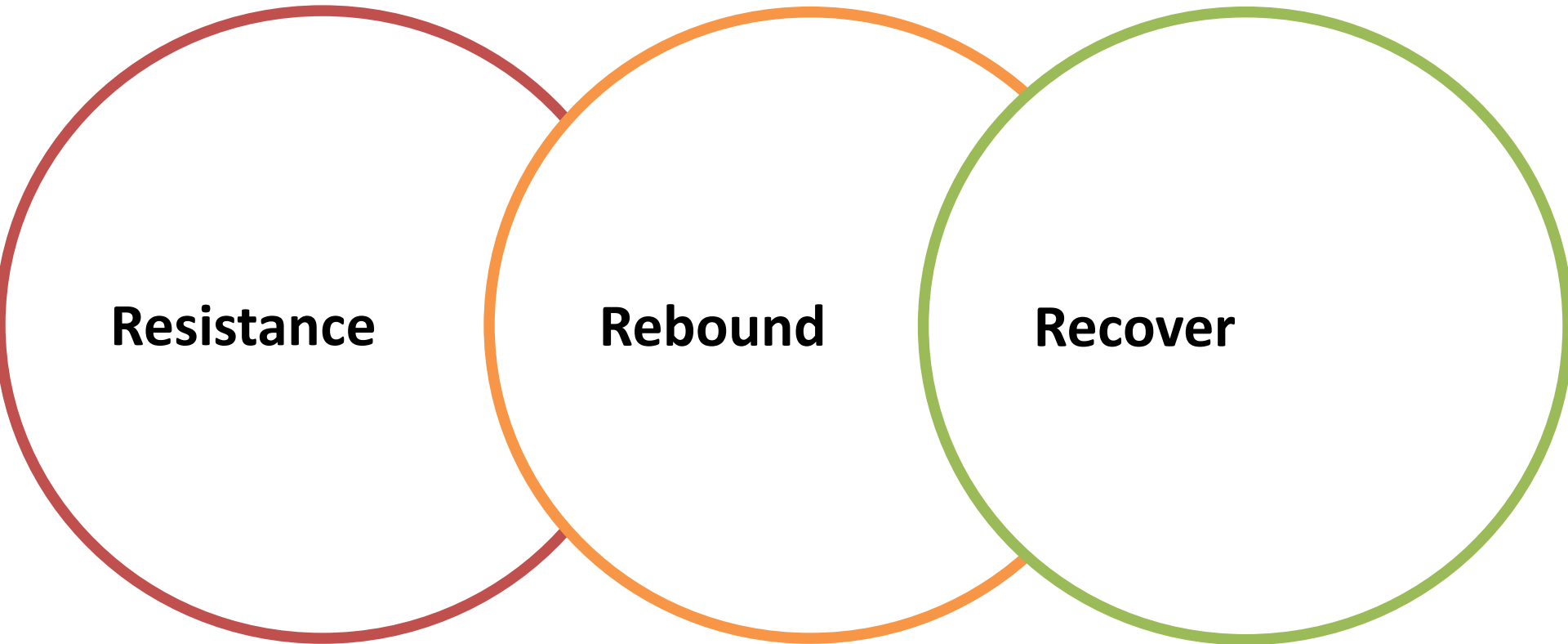
Critical incidents are powerful
and potentially traumatic
events.

Arousal



Critical Incident Stress

CISM Resilience Model



Resistance

Rebound

Recover

Crisis Intervention

Peer-led

Temporary

Active

Supportive



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graph LR; A[CISM Service Requested] --> B[Clinical Coordinator will assess need.]; B --> C[Provide immediate support or coordinate appropriate CISM service];
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CISM Service Requested

Clinical Coordinator will assess need.

Provide immediate support or coordinate appropriate CISM service

Connecting with CISM

You can reach out to CISM at any time by calling 729-8250 or sending an email to CISMteam@anthc.org. Please provide:

- Your name
- How we can help (individual support session, group support session, and any other logistical concerns)
- Preferred Contact (phone number, email address)

A CISM coordinator will review your request and identify a CISM service that meets your needs.

Requests received 8 a.m. – 4 p.m. (M-F), We will contact you within 60-minutes with next steps. After hours: We will contact you by 9 a.m. the next business day with next steps.



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