



## **Palliative Care TeleECHO Curriculum Calendar 2019 - 2021**

**First Wednesday of the month 11:30am-1pm**

Group Viewing Locations:

ANTHC Healthy Communities Building Conf Rm 438;  
ANMC Conference Room 3; Southcentral Foundation PCC Kingfisher A

### **The Interdisciplinary Palliative Care ECHO Team**

Sean Timpane, MD; **Palliative Care Physician**  
Aimee Young, PharmD; **Palliative Care Pharmacist/ Acute Pain Pharmacist**  
Gracie Champion RD; **Palliative Care & Oncology Dietician/ Inpatient Dietician**  
Bryan Talbott-Clark, LCSW; **Palliative Care License Clinical Social Worker**  
Sonja Lynn, DO; **Consultation-Liaison Psychiatrist**

<b><u>Meeting Date 2019-20</u></b>	<b><u>Palliative Care Topic</u></b>
October 2	Introduction to Palliative Care
November 6	Pain Management –Opioid Non-Opioid Approaches
December 4	Addressing Culture and Serious Illness/Injury
January 8	Gastrointestinal Symptoms - Constipation/Diarrhea
February 5	Communication Skills
March 4	Shortness of Breath/Dyspnea
April 1	Complex Care Coordination in Alaska
May 6	Nausea and Vomiting
June 3	Providing Hospice and End of Life Care Services in Alaska
July 1	Dietary Perspectives - Anorexia and Cachexia
August 5	Care during the Last Hours of Life
<b><u>Meeting Date 2020-21</u></b>	<b><u>Palliative Care Topic</u></b>
September 2	Behavioral Health – Anxiety and Delirium
October 7	Addressing Spiritual and Existential Issues
November 4	Behavioral Health – Depression and Suicide Risk
December 2	Addressing Care Giver Distress
January 6	Establishing Medical Capacity
February 3	Fatigue and Insomnia
March 3	Illness Trajectories and Palliative Care
April 7	Goal Setting and Advance Care Planning
May 5	Grief and Bereavement
June 3	Pediatric Considerations in Serious Illness and Injury
July 7	Traditional Healing and other Complimentary Medicine Approaches
August 4	Self-Care for Healthcare Staff

**Target Audience:** Physicians, Nurse Practitioners, Physician Assistants, Pharmacists, RNs, Medical Assistants, Community Health Workers, Social Workers, other Healthcare Professionals



**Clinical Objectives:** To train participants on how to alleviate the suffering (physical, psychosocial, spiritual) of patients and families experiencing serious and/or life threatening illness. To increase access to evidence-based palliative care. To improve palliative care for Alaska Native patients and their families.

**Connection Information** (Three ways to connect virtually choose one):

- If you have Vidyo, click on ECHO-Palliative Care in the address book, then select “connect to ECHO-Palliative Care”
- From your desktop, click on the following link to join as a guest:  
<https://anthc.connectvtc.com/flex.html?roomdirect.html&key=FEDFAdNW4a>
- From a Polycom, Tandberg, Lifesize, etc. device, dial 209.165.163.5, then press 1 to join conference, then enter 1011112#.
- For technical questions or to test *in advance*, call 907-729-2260; For technical issues *at the time of the session only*, call 907-317-5209

**Submit a Case:** This ECHO program can be a great way for you to present a difficult or complicated patient who may be struggling with a serious illness or injury. Please visit our ANTHC ECHO webpage where you can download our case presentation form and submit it to the Palliative Care team for consideration. <https://anthc.org/what-we-do/telehealth/medical-professional-overview/getting-started-with-anmc-project-echo/>

**TeleECHO Clinic Evaluation CME, Nursing CE, Pharm D. CE, CHAP CE:**

Attendees who are registered will receive a survey evaluation link after the TeleECHO clinic. ANTHC is approved as a provider of continuing nursing education by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. ANTHC designates this activity as meeting the criteria for one nursing contact hour credit for each hour of participation up to a maximum of 1 hour.

ANTHC is accredited by the Washington State Medical Association to provide continuing medical education for physicians. ANTHC designates this Live Activity for a maximum of 1 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Approved for 1 CHAP CE

If you are having trouble accessing the form or have any questions, please email:

[palliativecarespecteam@anthc.org](mailto:palliativecarespecteam@anthc.org)