

# ANTHC Palliative Care TeleECHO

Join a virtual learning network with ANTHC Palliative Care specialty providers.

## Why TeleECHO (Extension for Community Healthcare Outcomes)?

Many communities in Alaska do not have access to Palliative Care specialty services that could benefit them. Access to Palliative care improves the quality of life for patients, their families and improves access to care for many Alaska Native people.



Palliative care focuses on the relief of pain, symptoms and stress of serious illness to help patients and their family members live peacefully and comfortably. Interdisciplinary palliative care team includes: physician, registered nurse, social worker, dietician, acute pain pharmacist and psychiatrist.

**First Wednesday of the month from 11:30 a.m. - 1:00 p.m.**

Learn about best practices and evidence-based care for patients with serious and life threatening illness through didactic and case presentations:

- Managing symptoms and side effects cause by sickness or disease progression
- Enhance your ability to extend palliative care for your patients with advanced serious illness
- Acquire new skills, competencies and best practices in palliative care
- Present your de-identified cases for collaborative discussion and guidance
- Prevent provider burnout through self-care strategies

ANTHC Palliative Care TeleECHO offers:

- Free CME credits for health care professionals
- Collaboration, support and ongoing learning with subject-matter experts and health care staff
- New ways to support patients in their home community

## Are you ready to join ECHO?

Join our mailing list for ECHO updates at [anthc.org/palliative-care-echo](http://anthc.org/palliative-care-echo).

Contact us at (907) 729-1122 or [PallCareECHO@anthc.org](mailto:PallCareECHO@anthc.org).



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