University of Alaska Anchorage 3211 Providence Drive, ESH 125 Anchorage, Alaska 99508-8269 907-786-4083





# 2017 Prevent, Treat, Educate Conference: Working Together to Reduce HIV, STDs, Viral Hepatitis and TB in Alaska Course Number: 52281 Spring 2017

1 professional development credit, Graded A-F

**Location:** BP Center, Anchorage

**Meeting Dates:** May 8 - 10, 2017

On Site Speakers: Varied

**Instructor:** Melanie Sutton, Curriculum Coordinator, Health and PE

**Anchorage School District** 

**Contact Information** 

Address: 5530 E. Northern Lights Blvd

**Anchorage, AK 99504-3135** 

**Telephone:** 907.742.4853

Email: Sutton melanie@asdk12.org

# **Course Description:**

This course will explore current information and offer interactive sessions on best practices for health policies, programs and practices related to enhancing student health and safety. Sessions will be offered in a variety of classroom and activity formats by state and national experts in the field. The course will provide students with information on how to best reach, treat and educate those at greatest risk for HIV and STDs, viral hepatitis and TB infections.

The "Prevent, Treat, Educate Conference: Working Together to Reduce HIV, STDs, viral hepatitis and TB in Alaska" addresses Alaska's high rates of CT, GC, HCV and increasing rates of syphilis to improve the overall health and well-being of all Alaskans, particularly adolescents and young adults, men who have sex with men (MSM) and AN/AI communities. Shared routes of disease transmission between STDs, HIV and viral hepatitis as well as shared risk factors of sexual violence, substance abuse and Adverse Childhood Experiences (ACEs) highlight the importance of integrative prevention efforts. Conference topics include best practices and evidence-based strategies for preventing HIV/AIDS, STDs, viral hepatitis or TB and decreasing sexual health disparities; sexual health promotion and sexual violence prevention; ACEs and their impact on sexual health; sexual health promotion for LGBTQ individuals; LGBTQ inclusivity in the health care setting; the impact of trauma informed care on sexual health promotion; addressing substance abuse, hepatitis C and HIV infection through harm reduction programs; Lessons learned from the field (clinics and communities): outreach, referrals, screenings and trainings; clinical quality improvements and initiatives; and provider training and outreach.

# **Course Objectives:**

At the conclusion of this course, you will be able to:

- 1. Describe best practices for improving health and safety policies and programs
- 2. Identify resources to assess, implement and monitor health and safety policies and programs
- 3. Develop and apply leadership and advocacy skills to improve collaborative partnerships at the local, state and national level for implementing the Whole School, Whole Community, Whole Child Model
- 4. Describe two examples of a successful health and wellness activities in Alaska

# **Course Requirements:**

This course requires attendance at a minimum of 15 hours of pre-conference and./or conference activities as well as additional written assignment.

## **Attendance: (75 points)**

Complete the attendance verification form.

### Written Assignment 1: (25 points)

Type a 1-2 page reflective paper on your overall impressions of the 2017Prevent, Treat, Educate Conference. The paper should include comments regarding:

- 1. Overall impression (10 points)
  - a. Session topics
  - b. Length of sessions
  - c. Speakers/presenters
  - d. Conference reception and location
  - e Etc
- 2. Usefulness of information to you as a teacher or professional (15 points)
  - a. Consider the units, courses or other venues where you can use the information
  - b. Describe one or two specific ideas you will be able to use.

#### **Submission of completed assignments:**

Both the attendance verification form and the written assignment should be submitted together using one of the following options:

- 1. Email: Sutton melanie@asdk12.org
- 2. Mail or drop off: Melanie Sutton, 5530 E. Northern Lights Blvd. Anchorage, Alaska 99504

#### **Submission Deadline: May 31, 2017**

Note: The student is responsible for submitting all assignments in the appropriate format to the appropriate location by the stated deadline. No further notification of these deadlines will be sent. Failure to attend and participate in the required sessions or submit the required assignments will result in a failing grade (F).

#### **Course Grades:**

Grades will be based on the point scale listed below as well as the deadline listed in the previous section:

#### **Quality of work**

Each individual assignment, project, paper, presentation, etc. is be graded for quality as follows:

- "A" work is defined as work that goes beyond the assignment in originality, scholarship, or critical thinking, in all aspects, the work is excellent.
- **"B"** work is defined as above average work: complete, comprehensive, well prepared; work clearly indicates that considerable time and intellectual effort was expended in preparing the assignment.
- "C" work is defined as average work for practicing certified educators; work is completed as requested, on time, and in appropriate format.
  - "F" grade indicates that the student has not met the guidelines for "C" work.

A = 90-100

B = 80-89

C = 70-79

D = 60-69

F = Less than 60

#### **Resources:**

Alaska Youth Risk Behavior Survey http://dhss.alaska.gov/dph/Chronic/Pages/yrbs/yrbs.aspx

Bullying Prevention Children's Safety Network www.childrenssafetynetwork.org

Stop Bullying www.stopbullying.gov

Coordinated School Health (Whole School, Whole Community, Whole Child) CDC Whole School, Whole Community, Whole Child <a href="http://www.cdc.gov/healthyschools/wscc/index.htm">http://www.cdc.gov/healthyschools/wscc/index.htm</a>

Alaska Department of Health and Social Services, Division of Public Health <a href="http://www.hss.state.ak.us/dph/chronic/school/">http://www.hss.state.ak.us/dph/chronic/school/</a>

School Climate Association of Alaska School Boards, School Climate and Connectedness <a href="http://alaskaice.org/school-climate/">http://alaskaice.org/school-climate/</a>

The National Child Traumatic Stress Network <a href="http://www.nctsn.org/">http://www.nctsn.org/</a>

Positive Behavioral Intervention and Supports www.pbis.org

Safe Supportive Learning http://safesupportivelearning.ed.gov/index.php?id=01

Safe, Supportive and Successful Schools http://education.alaska.gov/tls/schoolhealth/

Healthy Relationships Fourth R Healthy Relationships www.youthrelationships.org

Social and Emotional Learning www.casel.org

School Health and Academics CDC School Health and Academics http://www.cdc.gov/healthyyouth/health and academics/index.htm

Suicide Prevention and Postvention Stop Suicide Alaska http://www.stopsuicidealaska.org/

Suicide Awareness, Prevention, & Postvention http://education.alaska.gov/tls/suicide/

Youth Resiliency and Engagement Innovations Center for Community and Youth Development <a href="http://www.theinnovationcenter.org">http://www.theinnovationcenter.org</a>

SEARHC Institute Asset Building http://www.search-institute.org

Positive Youth Development Engagement Framework <a href="http://www.ncsl.org/issues-research/human-services/positive-youth-development-pyd.aspx">http://www.ncsl.org/issues-research/human-services/positive-youth-development-pyd.aspx</a>