Blood Sugar Record for Lantus Patients



Name:	MY STARTING LANTUS DOSE IS	UNITS

If your blood sugars BEFORE BREAKFAST are MORE THAN 130 for 4 DAYS IN A ROW, INCREASE your Lantus dose 2 UNITS.

If your blood sugars BEFORE BREAKFAST are LESS THAN 80 for 2 DAYS IN A ROW, DECREASE your Lantus dose 2 UNITS.

Date	Time	Insulin Dose	Breakfast		Lunch		Dinner		Bedtime	Comments
			Before	2 Hrs After	Before	2 Hrs After	Before	2 Hrs After	beatime	Comments

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Date			Before	2 Hrs After	Before	2 Hrs After	Before	2 Hrs After	beatime	Comments