



Opening Doors to Better Health



ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM

2014 ANNUAL REPORT

Our Vision

Alaska Native people are the healthiest people in the world.

Our Mission

Providing the highest quality health services in partnership with our people and the Alaska Tribal Health System.

Our Values

Achieving excellence
Native self-determination
Treat with respect and integrity
Health and wellness
Compassion

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Introduction to ANTHC

On June 1, 1998, Tribal health in Alaska changed dramatically when the Alaska Native Tribal Health Consortium (ANTHC) signed a contract to assume responsibility for the operations of the majority of the Indian Health Service Alaska Area office's programs. After decades of fighting for self-governance, Alaska Native people now controlled our health care.

Today, ANTHC and the Alaska Tribal Health System (ATHS) provide the passion and dedication that make us the embodiment of self-determination for Alaska Native people.

Managed and operated by its people, who are represented by 15 Alaska Native leaders from around the state, ANTHC is a not-for-profit health organization that provides statewide services in specialty medical care; construction of water, sanitation and health facilities; community health and research; information technology; and professional recruiting. As a member of the Alaska Native Health Board, ANTHC works closely with the National Indian Health Board to address Alaska Native and American Indian health issues.

To achieve the vision that Alaska Native people are the healthiest people in the world, ANTHC works with customers, members of the ATHS and agencies that share common objectives. ANTHC employees provide the highest quality health services, a level of service that makes Alaska Native people proud, and encourages Alaska Native people to make healthy choices that keep families and communities strong. ANTHC also works with partners, lawmakers, volunteers and advocates toward building a unified health system to achieve the highest quality services. Today, with more than 2,400 staff members, ANTHC is closer to its vision than ever before, and making a life-changing difference in the health of Alaska Native people every day.



Alaska Native Medical Center

Letter from the Chairman and President



Greetings,

Countless Tribal members, health organizations and partners have dedicated their careers, voices and resources to building and strengthening our Alaska Tribal Health System. This commitment to self-governance and providing quality health services for

our people laid the foundation of our current system and led to many significant health successes. Recognizing this legacy of passionate champions, advocates and leaders, we continue to make progress toward our greatest challenge: achieving the levels of access to care that match our world-class health services.

In 2014, we realized several of our improved access goals. Dramatic improvements in wait times for routine specialty appointments were made at the Alaska Native Medical Center (ANMC). Average wait times for specialty services dropped from more than 10 days to three days. We implemented multiple improvements to achieve timely care goals. We recruited more than 24 specialty providers, expanded space, improved our referral processes, and changed our scheduling practices. Most clinics achieved this goal and better. Some clinics continue to make improvements – podiatry clinic appointment wait times dropped from more than 67 days to six days. Similarly, we improved wait times for elective surgery. In January, the average wait time for an elective procedure was 17 days; in September, that decreased to eight days, within our 10-day goal. To make more surgeries possible, evening and weekend surgeries began this year.

ANTHC and our partners continue building and upgrading rural clinics and water and sanitation infrastructure, enhancing care, clean water, sanitation services and energy efficiency. This year, we worked in 43 communities, creating 425 seasonal jobs. Hardworking Dental Health Aide Therapists (DHATs), Community Health Aides/Practitioners, and Behavioral Health Aide/Practitioners provided services to more rural communities. Currently, 27 DHATs offer professional and culturally competent dental care to more than 40,000 people. The new electronic Community Health Aide Manual

(eCHAM) empowers more than 600 Community Health Aides with up-to-date information for treating rural Alaskans.

We continue steadily expanding services and clinic space at ANMC. We will soon begin construction on the ANMC Patient Housing facility. In two years, the facility will provide greater access to ANMC's high quality health services and customer experience, and a comfortable home away from home. We expanded our Ear Nose and Throat, Ophthalmology and Audiology clinics by moving them to a nearby building. We will also expand our Cardiology, Internal Medicine, Neurosurgery, Oncology, Orthopedics and Surgery clinics.

One significant barrier to improving access, care and infrastructure is persistent underfunding by agencies we contract with to provide care and services. This year, ANTHC and many Alaska Tribal health organizations reached multimillion-dollar settlements with the U.S. Indian Health Service for overdue contract support costs. These settlements are notable victories for our system, but they are not windfalls – the funds simply begin to address past shortfalls. For ANTHC, 2014's historic settlement was legally and contractually due payments for 14 years of providing innovative and personal care. Now, these funds will allow us to better meet our strategic plan including improved access to clean water and sanitation services, health clinics, and prevention services. It will bring services closer to home for our people, no matter where they live, and strengthen our campus facilities.

Improving access to health services is a driving force – for many years ahead. I look forward to partnering with you to achieve our vision through current and future projects.

Sadly, we will move forward without two of our great champions – Mike Zacharof and Ray Alstrom Sr. Both of these longtime ANTHC board members and dear friends passed away in 2014. Their respective work and passion for representing our people will be missed greatly.

Sincerely,

A handwritten signature in black ink, appearing to read 'Andy Teuber'. The signature is fluid and cursive.

Andy Teuber
ANTHC Chairman and President

Board of Directors

The Alaska Native Tribal Health Consortium is owned and managed by its people, who are represented on our Board of Directors by 15 Alaska Native leaders from various regions. ANTHC's Directors participate in committees that guide the work of the Consortium, meet as a group four times each year, and host an annual meeting every December, inviting Alaska's Tribal governments, Tribal health organizations, and our Alaska Native and American Indian customer-owners to hear about our work.



LINCOLN A. BEAN, SR.
ANTHC VICE CHAIR
Southeast Alaska Regional Health Consortium

CHARLENE NOLLNER
ANTHC SECRETARY
Copper River Native Association



CHRIS MERCULIEF
Aleutian Pribilof Islands Association



EVELYN BEETER
ANTHC TREASURER
Unaffiliated Tribes
Mt. Sanford Tribal Consortium



BERNICE KAIGELAK
Arctic Slope Native Association



H. SALLY SMITH
Bristol Bay Area Health Corporation



BEN ATORUK
Maniilaq Association



ROBERT HENRICHS
Chugachmiut | Native Village of Eyak



LINDA CLEMENT
Metlakatla Indian Community



EMILY HUGHES
Norton Sound Health Corporation



ANDREW JIMMIE
Tanana Chiefs Conference



DR. KATHERINE GOTTLIEB
Southcentral Foundation



CHIEF GARY HARRISON
Unaffiliated Tribes
Chickaloon Native Village



RAY ALSTROM
Yukon Kuskokwim Health Corporation





Honoring Tribal leader Mike Zacharof

We were all saddened by the passing of Mike Zacharof this year. ANTHC leadership and staff joined his many friends and colleagues in offering our deepest sympathy and prayers to his wife Julie and their family.

As a beloved Tribal leader, Mike Z. worked tirelessly for over 50 years to improve the lives and health of Alaska's people. He was one of the original architects of the Alaska Tribal Health System, skillfully negotiating the transfer of health services from the federal government to tribes. He served on ANTHC's Board of Directors since its inception, proudly representing the Aleutian Pribilof Islands Association.

As "King of the Aleuts," Mike Z. cleared the way for Alaska Native people to thrive for years to come. We will miss his friendship and leadership.



Honoring Tribal leader Ray Alstrom

It is with great sadness that we share the news of the passing of Ray Alstrom Sr., our friend and longtime partner on the ANTHC Board of Directors. ANTHC leadership and staff join many across Alaska in mourning this loss and in offering condolences and prayers to his wife Martha, his family and his many friends.

Many knew Ray as a quiet, disciplined man, and all who worked with him saw his deep passion for caring for his family and serving his community and people. He was a strong leader – as a representative of his Tribe and the Yukon-Kuskokwim Health Corporation, as the mayor of Marshall, as a friend, and as a father. He played additional roles in improving and enriching the lives and health of our Alaska Native people. Whenever and however he was needed, and no matter how large the challenge, Ray stepped up to serve our people.

We are all proud to have known and worked with Ray. We will miss his presence and leadership, and we will also miss his friendship.

ANTHC Highlights: 1997-2013



1997

Indian Health Service (IHS) opens the new Alaska Native Medical Center (ANMC)

ANTHC incorporates as a not-for-profit organization



1998

Contract with IHS transfers statewide services to ANTHC and expands to include the Division of Environmental Health & Engineering



1999

ANTHC, SCF assume joint management of ANMC

ANTHC becomes largest Tribal self-governance organization in the U.S.

ANMC earns certification as Level II Trauma Center, a distinction it still holds today

AFHCAN telehealth project launches



2005

Community Health Services develops training and certification standards for Behavioral Health Aides and provides basic Health Aide training for 60 students



2006

Alaska Native immunization rates reach more than 90 percent statewide

ANTHC establishes tobacco-free campus



2007

ANTHC completes groundbreaking study showing children in communities with in-home water service have far fewer respiratory diseases and skin infections

ANTHC launches Healthy Alaska Natives Foundation



2008

ANTHC begins work on the Alaska e-Health Network, an electronic health records system

ANTHC publishes the first run of the popular "Traditional Food Guide for Alaska Native Cancer Survivors"



2009

ANMC receives full re-accreditation from the Joint Commission

ANTHC receives funding from the American Recovery and Reinvestment Act for statewide water and sewer sanitation projects as well as funding for health facilities upgrades around Alaska



2000

ANTHC completes an Alaska Native Health Campus site and facility plan outlining changes to accommodate growth



2001

ANTHC starts assisting Tribes in administering injury prevention projects involving smoke detector installation, car seats and float coats



2002

ANTHC obtains grant to train village-based Dental Health Aide Therapists
The Regional Utility Cooperative (later, the Alaska Rural Utility Collaborative) is created to improve water quality, lower costs and more



2003

ANMC achieves prestigious Magnet® status for nursing excellence, an honor bestowed to only seven percent of U.S. hospitals, a designation it still holds today



2004

ANTHC opens its Consortium Office Building to expand services to Consortium staff and statewide partners



2010

Vaccination program virtually eliminates hepatitis A infections around Alaska

ANTHC's Legal and Intergovernmental Affairs group supports successful passage of the Indian Health Care Improvement Reauthorization and Extension Act



2011

ANMC launches its Electronic Health Record system to improve the quality of patient care

AFHCAN program reaches 100,000 telehealth cases within the Alaska Tribal Health System (ATHS)



2012

ANTHC's Healthy Communities Building opens, improving alignment among staff and partners

ANTHC and the ATHS receive the prestigious American Hospital Association's Carolyn Boone Lewis Living the Vision Award for work that goes beyond traditional hospital care



2013

After years of tireless work by ATHS advocates, Senate Bill 88 passes, authorizing \$35 million to help ANTHC build a 170-room housing facility.

The ATHS average colorectal cancer screening rate hits a new high of 58.5 percent, doubling the rate since 2000



ANMC hospital at 60

A history of culture, care and improved health for our people

Sixty years after the original Anchorage Medical Center hospital opened in downtown Anchorage, ANTHC, Southcentral Foundation and partners around the Alaska Tribal Health System began a year of celebration on the Alaska Native Health Campus. This momentous occasion offered us an opportunity to reflect on the hospital's history, celebrate the evolution of health care, services and technology for our Alaska Native people, and honor our Tribal leaders' efforts over many years to set the foundation of self-determination for today's hospital and health system. The anniversary also marked an opportunity to remember the people who worked and received care at the old hospital and connect them, their families and legacies to today's ANMC.



Then

November 29, 1953: The 400-bed Anchorage Medical Center of the Alaska Native Service opens and is the largest civilian building in Alaska. The building was constructed in the shape of a large cross: the main building had five floors with a partial basement; the west wing had a sixth floor solarium; and the central area extended to eight floors, mainly used for storage and to house mechanical equipment. The hospital staff's early efforts were to care for patients with tuberculosis, which was spreading quickly among Alaska Native people when the facility opened. The hospital narrowly escaped a landslide during the 1964 earthquake and its services and staff changed as our people's health needs changed.

Bed allocation

- 291 Tuberculosis
- 31 Medicine
- 10 Contagious
- 30 Surgery
- 12 Pediatrics
- 8 Obstetrics
- 18 Psychiatry

Opening staff

Around 190 employees, including:

- 70 Nurses
- 8 Medical Officers
- 4 Dental staff, including one Alaska Native dental assistant
- 10 Ancillary professionals

From 1952-1954, the infant mortality rate for Alaska Native people was 86.6 deaths per 1,000 live births.

In 1957, the average age of death for Alaska Native people was 30.5 years, with 34.6 percent of all deaths under one year of age.

"Together – in RELATIONSHIP – we are walking with the Native Community to achieve wellness. We are focused on the physical, emotional and spiritual wellbeing of our people in this generation and for generations to come."

– Dr. Katherine Gottlieb, Southcentral Foundation

“Our Elders are such valued resources in our lives – they connect us to our traditional ways of life and guide us to a better future. We must continue advocating for the best care, comfort and communication for them every chance we get.”

– Andrew Jimmie, Tanana Chiefs Conference



Now

The Alaska Native Medical Center (ANMC) hospital moved to its current site in 1997, where its award-winning staff provides the best care and services to our people. We are living longer and healthier lives, and ANMC has played a significant role in that improvement. Today's ANMC hospital offers acute, specialty and primary care with 160 beds, is Alaska's only Magnet-recognized hospital for nursing excellence, and houses the state's highest-level trauma center.

Today's ANMC consists of:

- 23 beds in 5 East, which includes Internal Medicine and Telemetry Monitoring units
- 23 beds in 5 West, which includes Inpatient Medical/Surgical unit
- 23 beds in 4 East, which includes Inpatient Surgery unit
- 23 beds in 4 West, which includes Inpatient Orthopedics and Neurosurgery units
- 16 Critical Care Unit beds
- 19 Pediatrics beds
- 12 Neonatal Intensive Care Unit beds
- 21 Postpartum beds in the Mother/Baby Unit
- A new state-of-the-art hybrid operating room
- Some of the world's most innovative telehealth devices, which connect ANMC providers to rural Alaska health care facilities and providers

- 108-bed patient accommodation facility, the Quyana House; more than 60 percent of ANMC's patients travel to Anchorage for care, and the Quyana House provides a place for them to stay while in Anchorage

Current ANMC hospital staff:

Around 1,837 employees, including:

- 96 Physicians, full-time active
- 38 Associate/Mid-level Providers
- 534 Nurses

Infant mortality for Alaska Native people is 4 deaths in the first year of life for every 1,000 live births.

Current life expectancy for Alaska Native people: 75 years for women, 70 years for men.



Alaska Native Medical Center

ANTHC's largest division, the Alaska Native Medical Center (ANMC) operates a state-of-the-art, 160-bed hospital that provides comprehensive medical services to Alaska Native and American Indian people. ANMC is Alaska's only Level II Trauma Center, received Magnet Recognition for nursing excellence since 2003, and earned the American Hospital Association's Carolyn Boone Lewis Living the Vision Award and the Commitment to Quality Award from Mountain-Pacific Quality Health.

ANTHC and Southcentral Foundation jointly own and manage ANMC under the terms of Public Law 105-83. These parent organizations established a Joint Operating Board to ensure unified operation of health services provided by the medical center.

"Our people have more choices for their health care than ever before. It is so very important that our health system continues expanding the high-quality and culturally appropriate services and care we offer our people so we remain their provider of choice."

– Robert Henrichs, Chugachmiut | Native Village of Eyak

"As Alaskans, and particularly those who live in rural areas, we face many unique challenges in accessing and receiving care. As health care leaders, we have to remember our important role in developing solutions to ensure care and services are available for our people when and where they need them."

– Emily Hughes, Norton Sound Health Corporation

2014 ANMC Hospital Highlights:

ANMC was reverified as a **Level II Trauma Center** by the American College of Surgeons. ANMC has been Alaska's only Level II Trauma Center since 1999, providing the highest level of trauma care in the state.

ANMC has been **Alaska's only Magnet-recognized hospital** for nursing excellence since 2003. In 2014, ANMC applied for Magnet redesignation and the American Nurses Credentialing Center approved ANMC's Magnet application and made a site visit in September.

To further improve patient convenience and comfort, **ANMC Customer Experience** added two new, larger shuttle buses; launched a new mobile room check-in system; expanded the ANMC Food Court hours; and offered free amenity bags to Quyana House guests.

ANTHC opened the ANMC hospital's **new hybrid operating room (OR)**, which allows interventionalists to use the latest technologies and collaborate with their imaging and surgical colleagues in providing state-of-the-art treatments for trauma patients.

ANMC Cardiology staff performed its first in-person clinic at the Chief Andrew Isaac Health Center in Fairbanks and the Cardiology Department was reaccredited by the Intersocietal Accreditation Commission in the areas of Adult Transthoracic, Adult Transesophageal and Adult Stress Echocardiography.

The new **Transitional Care Program** focuses on providing quality, cost-

effective chronic care to patients who have more than one chronic health issue and are frequently admitted to the hospital for acute care. This strategic initiative reduces admissions and overall health care costs.

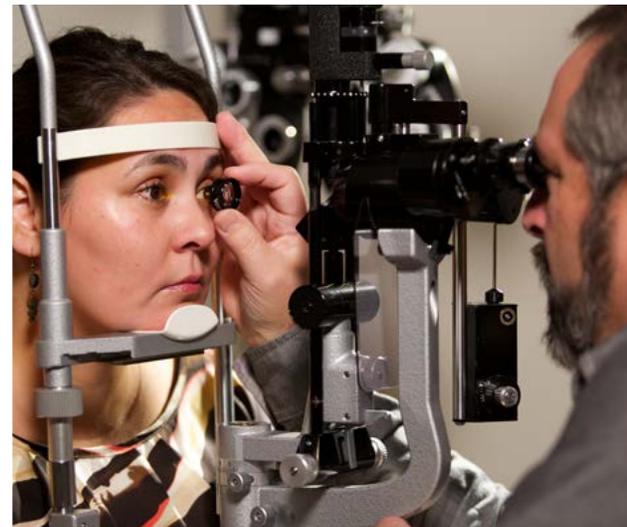
ANMC's Medical Imaging Service's Mammography Department passed its annual Mammography Quality Standards Act Certification with the State of Alaska with a perfect score for the 10th consecutive year.

ANMC's Surgical Services and Customer Experience began reserving rooms at the Quyana House for patients who arrive for limited outpatient procedures without an escort due to regional budget reductions.

The **ANMC Radiology Clinic** added digital radiography technology to expedite X-ray times and cut radiation exposure in half.

The **ANMC Internal Medicine Subspecialty Clinic** began offering a same-day clinic for ANMC patients who need primary care services while visiting Anchorage.

ANMC achieved many of the goals set around access to specialty clinics and elective surgery over the past year. Many clinics saw significant improvement and we continue working to fix delays while also maintaining our improvements. We have focused on physician staffing, fine-tuning protocols, expanding schedules and even building new infrastructure. Timely access to services for our people remains a top priority.



Opening Doors at ANMC

As our Alaska Native population continues to grow, demand for health services at ANMC increases, as well. ANTHC is improving access by creating more clinical space and making our Medical Services Master Plan and Facility Master Plan come to life. Sometimes that even means offering clinic space away from ANMC.

This fall, ANMC's Ear, Nose and Throat (ENT), Audiology and Ophthalmology clinics relocated to a medical building less than a mile from ANMC. The new, more spacious clinics offer 24 exam rooms and expanded waiting areas for patients and their families. There is also a relaxing Ophthalmology waiting room for patients so their eyes can fully dilate before being examined by their provider. ANMC shuttles help patients get there, when needed.



Alaska Native Medical Center Patient Housing project timeline

January 2014: President Obama signs ANTHC Land Transfer Act, giving ANTHC the land on the Alaska Native Health Campus for the future site of the ANMC Patient Housing facility

Summer 2014: Construction begins on new 440-stall, multi-floor ANMC hospital parking garage next to the site of the ANMC Patient Housing facility

August-September 2014: The State of Alaska successfully sells Certificates of Participation to individual investors so it can provide \$35 million in funding

to ANTHC to build the ANMC Patient Housing facility

October 2014: ANMC Patient Housing design complete; construction services go out to bid

May 2015: Tentative groundbreaking date for ANMC Patient Housing

July 2015: Estimated completion date of parking garage

Spring/Summer 2016: Estimated completion date for ANMC Patient Housing



"Among the biggest hurdles we face in improving access to care is offering suitable lodging for our people when they travel to Anchorage. It is exciting to see the ANMC Patient Housing project and other housing solutions taking shape."

Charlene Nollner, Copper River Native Association

"As we improve access to care, we have to also match that effort by elevating the coordination of care and continuum of care for our patients. These efforts go hand in hand and lead to the best care and outcomes for our people."

– Bernice Kaigelak, Arctic Slope Native Association

Access to care comes to life: Alaska Native Medical Center Patient Housing project



More than half of the Alaska Native Medical Center hospital's patients travel to Anchorage for care and services. Providing suitable housing for those traveling patients and their escorts has been one of the most complicated and longstanding access challenges for our Alaska Tribal Health System. In 2014, ANTHC made significant progress on an innovative and landmark solution: the ANMC Patient Housing project.

When completed in 2016, the new facility will improve access to high-quality care and services at the ANMC hospital for our more than 146,000 Alaska Native and American Indian people living in Alaska. It will also provide a culturally appropriate home-away-from-home environment for our guests while they receive care and recover.

The 170-room facility, with a complementary additional 30-room pre-maternal home, will be connected to the ANMC hospital via sky-bridge. The housing allows ANTHC to improve access, expand health care services, and enhance the continuity of care for patients. This is especially important for expectant mothers with high-risk pregnancies; cancer patients requiring infusion and radiation therapy; patients needing outpatient specialty medical care; and children and Elders who are receiving care.

The facility will also feature comforting amenities like gathering areas, communal kitchens for families, an outdoor courtyard garden, a patient business center and access to walking trails. An important complementary piece to the ANMC Patient Housing facility is the new multi-floor ANMC hospital parking structure, which began construction in 2014 and is estimated to be completed in summer 2015.

Learn more about the patient housing project at:
www.anmc.org/new-anmc-patient-housing.





Community Health

Community Health works to elevate the health status of Alaska Native communities while monitoring and improving Alaska Native health through research, training health care providers, clinical care, and providing education for prevention. Staff assesses trends, develops solutions for priority health problems, and partners with Tribal health organizations and communities to improve the health of Alaska Native families.

2014 Community Health Highlights:

To mark the 10th anniversary of Alaska students returning from schooling in New Zealand to become the nation's first **Dental Health Aide Therapists (DHATs)**, ANTHC's annual graduation ceremony celebrated all DHATs. Currently, 27 DHATs offer professional and culturally competent dental care around Alaska.

ANTHC's **Cancer Program** received a two-year, \$250,000 grant from the Susan G. Komen Foundation for a quality improvement project to reduce cancer disparities among Alaska Native breast cancer patients.

ANTHC's **Diabetes Program** provided scholarships for 11 Alaska Native and Native American children with diabetes to attend the American Diabetes Association's Camp Kushtaka. Eight ANMC staff provided camp medical support.

ANTHC received a **United States Environmental Protection Agency grant** for its partnership with subsistence hunters and harvesters in Western Alaska that investigates if diseases and contaminants associated with climate warming are posing threats to the region's food and water security and community sustainability.



"Our people continue suffering from tobacco addiction and diabetes, but we can overcome these difficulties and help our people live healthier by continuing to offer support, treatments and opportunities to embrace traditional lifestyles."

– Lincoln A. Bean, Sr., Southeast Alaska Regional Health Consortium

"We continue making headway and shifting disturbing health trends in positive directions, and research is at the heart of those improvements. This work helps us know what is and isn't working, and where our resources are best placed and most needed."

– H. Sally Smith, Bristol Bay Area Health Corporation

ANTHC developed an online curriculum called **Native It's Your Game** to help teach and reinforce healthy lifestyles and positive decisions among our Alaska Native and American Indian middle school students.

ANTHC has the only Hepatology Specialists in the Indian Health Service system. On National Hepatitis Testing Day, ANTHC's **Liver Disease and Hepatitis Program** launched a revamped website that offers hepatitis resources for the public, patients and providers.

The **Alaska Colorectal Cancer Partnership (ACCP)** won the Prevent Cancer Foundation's 2014 National Screening Saves Lives Challenge for its The Cancer I Can Prevent campaign. The ACCP received a \$7,500 grant which it used to produce video testimonials to further the campaign.

The number of participants served by **Alaska's Food Distribution Program on Indian Reservations (FDPIR)** program, which is run by ANTHC, doubled between October 2012 and October 2013. FDPIR provides nutritional food assistance to income-eligible Native American and non-Native households.

Around 4,800 Alaska Native and American Indian people in Alaska are living with diabetes and those numbers are climbing steadily. This year, the federal funding for ANTHC's Diabetes program was extended as part of the **Special Diabetes Program for Indians grant**.

Unintentional injuries are the third-leading cause of death for Alaska Native people. ANTHC's Injury Prevention Program and Alaska Native Epidemiology Center released the **Alaska Native Injury Atlas** to monitor injuries, which can help determine whether injury prevention efforts are successful.

"Safe in the Village" is a video curriculum designed to help facilitate conversations about sexually transmitted infections, healthy relationships and making positive choices for Alaska Native youth ages 15-19. ANTHC's HIV/STD Prevention Program debuted a movie version of "Safe in the Village" around the state.

Alaska's suicide rate remains three times higher than the national average. This year, ANTHC provided **suicide prevention trainings and resources** for Tribal health organizations, communities and groups like the Episcopal Diocese of Alaska, Alaska's Police and Fire Chaplains, high school students and staff, emergency medical service workers, and more.



Opening Doors in Community Health

Last year, ANTHC's Community Health Aide Program (CHAP) and Information Technology team revolutionized the way ANTHC provides important health care information to hardworking Community Health Aides and Practitioners (CHA/Ps) around rural Alaska by converting the 14-pound Community Health Aide Manual (CHAM) into an electronic version, eCHAM.

The next evolution of the eCHAM arrived this year when it was converted into an iPad application called iCHAM and placed in the Apple App Store. The iCHAM app will alert users any time its material is updated, keeping users up to date, informed and confident when they provide care. The iCHAM app is a free download for CHA/Ps working with our Tribal partners. CHAP leaders also anticipate that other organizations, emergency medical services staff, and Tribal health facilities in rural parts of the Lower 48 may purchase and use iCHAM.



Support Services

Consortium Business Support Services helps ANTHC staff work better together and with partners around Alaska and beyond. Support services is home to a wide range of departments essential to ANTHC's success: Finance, Contracting and Procurement, Facilities Planning, the Regional Supply Service Center, Health Information and Technology, Human Resources, Marketing and Communications, Risk Management, Legal and Intergovernmental Affairs, and Strategy and Innovation.

2014 ANTHC Support Services Highlights:

ANTHC reached a historic settlement with the U.S. Indian Health Service (IHS) for \$153 million as payment of 14 years of overdue **contract support costs** for providing health care services for more than 146,000 Alaska Native and American Indian people in Alaska. These contract support costs were legally and contractually due to ANTHC.

ANTHC staff traveled the state sharing resources with partners about the **Affordable Care Act** and complementary elements like the application for Exemption for Alaska Native and American Indian people.

The Marketing and Communications teams of ANTHC and Southcentral Foundation launched a **redesigned version of anmc.org** to make the already popular site even easier for visitors to access up-to-date information.

ANTHC's new **Strategic Access Department** provides innovative planning and construction approaches to improve access to care and services for our Tribal members on the Alaska Native Health Campus.

"For Alaska Native people to be the healthiest people in the world, our Tribal health system must also be healthy. We have a robust system but we also face constant financial challenges, some of them unexpected, so it is imperative that we remain diligent stewards who maximize the resources of our system and our people."
– Evelyn Beeter, Unaffiliated Tribes | Mt. Sanford Tribal Consortium

"The information, resources and tools shared by our prevention programs are vital to helping our people lead healthier lives. By supporting these programs and their important work, we are directly connecting with our people and helping make a positive difference in their lives every day."

– Linda Clement, Metlakatla Indian Community

ANTHC's Marketing and Communications department partnered with ANTHC programs to produce new editions of the health education publications **We Are Getting Healthier** and **Hot Topics in Alaska Native Health**. Issues focused on tobacco, e-cigarettes, bedbugs, colorectal cancer, diabetes and more.

ANTHC led the statewide conversation for **Medicaid expansion**. Despite the State of Alaska's decision to reject Medicaid expansion, ANTHC and its partners continued to advocate for expanded health care coverage for tens of thousands of uninsured Alaskans.

ANMC Clinical Informatics staff successfully tested **provider-to-provider documentation transmissions** with Yukon-Kuskokwim Health Corporation and Providence Health & Services Alaska via Electronic Health Records. This will improve patient safety and privacy, and communication between organizations.

As part of ANTHC's long-term strategy to **increase the number of Alaska Native and American Indian people working in health care fields**, ANTHC's Board of Directors awarded 10 Alaska Native and American Indian students education scholarships of \$5,000.

ANTHC's Elder Outreach and Southcentral Foundation's Waiver Care Coordination programs gathered gifts from staff during the holiday season to give to 150 **Alaska Native Elders**.

ANTHC offers **leadership development opportunities** to our Alaska Native and American Indian staff, which develops Alaska Tribal Health System leaders. This year, nine staff graduated from the Pathway to Leadership program and eight staff graduated from the Leadership, Excellence, through Advancement and Determination program.

ANTHC's Healthy Communities Building became one of five Anchorage buildings to achieve **LEED Silver certification**. LEED-certified buildings are known for conservation of energy and water, lower operating costs, better health for occupants, increased asset values and more.

ANTHC coordinated the launch of the pilot **Tribally-Sponsored Health Insurance Program** with Tribal partners across Alaska. The AHS now receives revenues for services provided to patients with sponsored health insurance coverage. This provides an opportunity to increase revenue and the services available to all IHS-eligible persons.



Opening Doors in Support Services

ANTHC and ANMC hospital leadership joined Chugachmiut representatives in Nanwalek, where they visited Chugachmiut's Nanwalek Clinic. After touring the clinic, the group standardized emergency processes and developed a telehealth pilot that connects the clinic to ANMC's Emergency Department (ED).

In this pilot, health care staff at the Nanwalek Clinic will use Vidyio and iPads to connect directly to ANMC's ED providers when a patient emergency arises. From there, ANMC ED staff will use similar technology and devices to respond immediately and communicate next steps to Nanwalek staff, from offering guidance on care to recommending a medevac.

Other Alaska Tribal health partners want to develop similar communication with ANMC's ED. Innovative projects like these improve access to emergency care for our people and provide the best support for hardworking community health providers around Alaska.



Environmental Health

ANTHC's Environmental Health & Engineering group provides planning, design, construction and operations support of public health infrastructure throughout Alaska. Through that work, Environmental Health staff offers sustainable public health solutions to communities across our state and protects the health of Alaska Native people.

2014 Environmental Health Highlights:

ANTHC's Engineering Services and Construction staff, local crews and contractors worked on **construction projects in 43 communities across the state**. The ongoing work is innovative, complex, and all centered on building water and sanitation facilities, health clinics and energy resources that improve community infrastructure and provide access to better health and services for Alaska Native people in rural Alaska.

Each year, ANTHC's Environmental Health and Engineering staff partners with Indian Health Service, U.S. Environmental Protection Agency, State of Alaska, and the USDA Rural Development program representatives to **secure and allocate funding for 60 communities**. More than \$70.8 million in funding was secured to provide a variety of sanitation services in rural Alaska. The projects will include community-wide efforts and scattered sites home-related sanitation services.

Scammon Bay joined ANTHC's **Alaska Rural Utilities Collaborative (ARUC)**, becoming ARUC's 28th member community and enhancing the opportunities to improve the community's 40-year-old water and sewer system.

"Reliable water and sanitation services are essential to our people's health and lifestyles. Building and improving this infrastructure and expanding access to their services in rural Alaska is challenging work, but we are making great progress."

– Chris Merculief, Aleutian Pribilof Islands Association

"We have a cultural connection to our lands and territories. As climate changes in Alaska, our people experience the impacts in extreme ways because we are on the front lines in our villages. It affects our land and our way of life. Our food sovereignty, health and entire well-being depend on our environment."

– Chief Gary Harrison, Unaffiliated Tribes | Chickaloon Native Village

ANTHC's construction projects created **425 seasonal jobs in 39 communities with a 96 percent Native hire rate** and paid \$5 million to those workers, boosting local economies and providing training and other development opportunities for local workers.

ANTHC's Environmental Health and Engineering division's Rural Energy Initiative received a **Green Champion Award from the U.S. Department of Health and Human Services** for developing and implementing energy efficiency retrofit projects. ANTHC's energy efficiency work and ARUC partner support helped Selawik save more than \$217,000 annually, which is around 32 percent of the community's entire water and sewer budget.

ANTHC's staff and Tyonek water operators completed a **water leak detection project** initiated by the Native Village of Tyonek that has resulted in a 40 percent reduction in water use, saving the community more than 850,000 gallons of water per month.

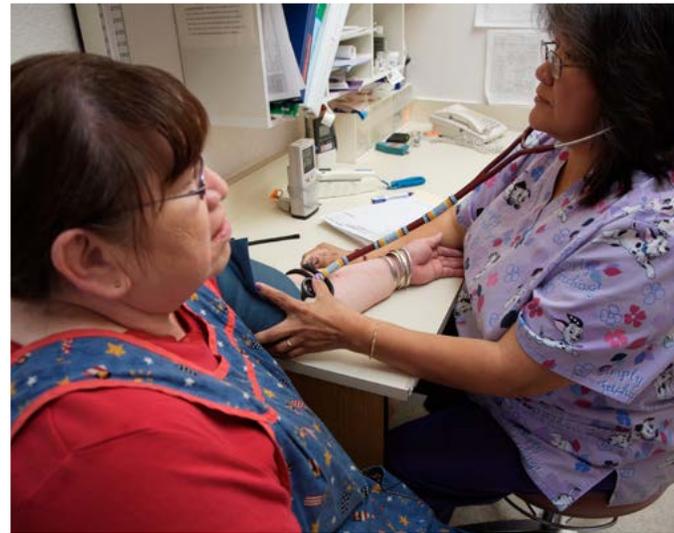
ANTHC project management, engineering, and construction crews are engaged in the effort to rebuild Galena and Kotlik after the floods of 2013 caused extensive damage to both communities. In **Galena**, construction crews are completing a massive effort that began weeks after the flood hit in June 2013. ANTHC crews have effectively restored water and sewer service to 119 homes, the city office, clinic, school, swimming pool and fire station and are providing project management support on other projects. The recovery effort in Galena continues in FY15.

In **Kotlik**, ANTHC construction crews and ARUC staff have completed water and sewer services for 52 homes, the school, clinic, and the AC store. ANTHC crews also led a community wide debris cleanup effort which removed over 2,000 cubic yards of flood debris from the community. Construction will continue through 2015.

ANTHC's Statewide Health Facilities Program **awarded 21 maintenance and improvement projects** with a total value of \$4.2 Million to 10 Tribal health organizations. ANTHC also hosted more than 40 health facilities managers and engineers from across the Alaska Tribal Health System for a three-day training seminar focusing on understanding the standards and requirements of hospital and clinic accreditation.

ANTHC and Saxman community members celebrated the city's **innovative new water treatment plant** and connected water main system. ANTHC helped build the state-of-the-art digital water system, which will serve the town's 400-plus residents. The facility uses a magnetic ion exchange system, the first of its kind in Alaska, to pretreat the water prior to filtration.

Nearly 400 participants representing 127 Alaska communities took part in ANTHC's **Alaska Tribal Conference on Environmental Management**, a four-day conference that inspires and informs those who build stronger Alaska Native communities through environmental health effort.



Opening Doors in Environmental Health

This year, ANTHC joined Southcentral Foundation and community members of Tyonek at the opening of the new Indian Creek Health Clinic. The clinic will improve access to care to the community's 170-plus residents, as well as many in the surrounding areas. At the grand opening, the building was dedicated to the memory of several traditional healers and in respect to the community's Tribal Elders.

ANTHC oversaw the design and construction of the new clinic, which is a two-story structure of about 5,300 square feet, a considerable upgrade to the former aging facility that was just 1,135 square feet.

Each year, ANTHC partners with local, statewide and national agencies to build and upgrade rural community clinics across the state. These clinics bring health services and care closer to our people.

Healthy Alaska Natives Foundation

ANTHC's charitable arm, the Healthy Alaska Natives Foundation works with donors and volunteers to raise awareness and funding for the unmet needs of our health care system. Together, we can inspire good health and improve medical care, promote wellness and prevention, and support healthy village environments. In the past year, the Foundation's generous donors have helped make a considerable difference in the health of Alaska Native people:

Purchasing equipment for Alaska Native Medical Center:

- Infusion chair for cancer patients
- Portable O2 concentrators for the Critical Care Unit
- Vital-signs equipment for Internal Medicine
- Vein Viewer for Neonatal ICU
- Toys for kids undergoing medical care
- New play equipment in Day Surgery
- Postpartum discharge books for new moms

Providing assistance for those in need:

- Enrolled new moms and children in the ANMC Imagination Library
- Offered travel assistance for cancer patients and provider education for Oncology Clinic
- Sponsored boating and ATV safety messaging and commercials
- Provided clothing for emergency room patients

Supporting unique events and camps that make an impact on Alaska Native health:

- Youth Environmental Summit
- Men's Cancer Retreat

- Camp ARCTIC for children with juvenile idiopathic arthritis
- Art from the Heart therapy program in ANMC's Pediatrics department

In 2014, the Foundation reached some amazing fundraising highlights thanks to its generous donors, sponsors and volunteers, including:

- Setting a new fundraising high of \$423,400 in sponsorships and cash contributions at the sixth annual Raven's Ball, the Foundation's annual black-tie affair and signature event
- The Raven's Ball paddle raise brought in \$61,000 to purchase important equipment for ANMC
- Raising more than \$27,000 in its second annual Teeing Off for Tribal Health Golf Classic, which drew 82 players and 21 teams
- The annual Workplace Giving Campaign raised more than \$37,000 from ANTHC leadership and employees
- The inaugural Purses for Change auction raised more than \$13,000

Our Leadership

The Foundation is guided by the Oversight Committee, which is comprised of members of ANTHC's Board of Directors and community members who support our fundraising efforts. Thank you to our 2014 committee members for their efforts and dedication to leading our fundraising and charitable giving efforts: Ray Alstrom, Chair (Yukon-Kuskokwim Health Corporation), Louie Commack (Maniilaq Association), Marissa Flannery (Sonosky, Chambers, Sasche, Miller & Munson, LLP), Roald Helgesen (ANTHC CEO), Emily Hughes (Norton Sound Health Corporation), Charlene Nollner (Copper River Native Association), and Andy Teuber (ANTHC Chairman and President).



"Our Tribal health system is as diverse as our state, and seemingly as large. So it is critical that we work together as close partners so we can advance our work and the positive impact we make on the health of those we serve."

– Ben Atoruk, Maniilaq Association

"The success of our Tribal health system relies on the people within it. We have built an amazing system filled with talented staff providing services across our state. Let's remain focused on strengthening our system and its workforce while also grooming our future leaders."

– Ray Alstrom, Yukon Kuskokwim Health Corporation



The Foundation offers sincere and abundant thanks to our donors, who make it all possible.

Founder's Circle (\$15,000 and above):

Alaska Communications; Anchorage Valley & Radiation Therapy Centers of Alaska; GCI Connect MD; Gary and Mary Ann Brownell; Neeser Construction, Inc.; and The Rasmuson Foundation

Visionaries Circle (\$7,500 to \$14,999):

Arctic Slope Regional Corporation; ConocoPhillips Alaska; Crothall Healthcare, Inc.; Harold Schneider, M.D.; Key Bank Foundation; Myra Munson; Providence Health and Services Alaska; Wells Fargo Bank Alaska; and Xtend Healthcare

Legacy Circle (\$5,000 to \$7,499):

Alaska Men's Run; ARAMARK; Calista Corporation; Davis Constructors & Engineers, Inc.; Donlin Gold; Doyon Limited; Klondike Advertising; Kodiak Area Native Association; Sonosky, Chambers, Sachse, Miller & Munson, LLP; State of Alaska; Tanana Chiefs Conference; and Ukpeagvik Iñupiat Corporation

The Foundation also thanks our very important partners:

W.K. Kellogg Foundation; Robert Wood Johnson Foundation; Starlight Children's Foundation; and the Susan G. Komen Foundation

To make a donation or to learn more, please visit www.inspiringgoodhealth.org.

ANTHC By the Numbers: 2014

Patient Care

296,295

OUTPATIENT VISITS

57,417

ER VISITS

1,633

BABIES BORN

3,514

ENDOSCOPY CASES

11,270

OPERATIONS

6,892

INPATIENTS

38

MIDLEVEL PROVIDERS

96

PHYSICIANS

421

REGISTERED NURSES

Environmental Health

1.7M

PROJECTED ANNUAL SAVINGS BY **2017**, BASED ON OF CURRENT COST OF FUEL OIL, OF ALL ENERGY PROJECTS FUNDED TO DATE

11

NUMBER OF ENERGY AUDITS COMPLETED BY ANTHC'S ENERGY PROGRAM IN 2014

11M

DOLLARS WORTH OF RENEWABLE ENERGY PROJECT DESIGN AND CONSTRUCTION APPLIED FOR BY **13** RURAL COMMUNITIES, WITH GRANT APPLICATION ASSISTANCE FROM ANTHC'S ENERGY PROGRAM

Community Health

80,498

IKNOWMINE.ORG VISITORS
AND 645 SUBSCRIBERS TO CONFIDENTIAL Q&A TEXT LINE

5,607

PEOPLE SCREENED FOR
HEPATITIS C

456

"I WANT THE KIT" STD TEST KITS MAILED TO 73
COMMUNITIES IN ALASKA

1,591

HEPATITIS PATIENTS SCREENED
FOR LIVER CANCER

160

ATTENDEES OF THE 4TH ANNUAL ALASKA NATIVE
HEALTH RESEARCH CONFERENCE, CLAIMING 395
CONTINUING EDUCATION HOURS

45%

OF ANTHC TOBACCO CESSATION
PROGRAM ENROLLEES WHO ARE
TOBACCO-FREE AFTER 6 MONTHS

171

WOMEN ENROLLED IN A 'CESSATION OF
TOBACCO USE IN PREGNANCY STUDY'

2,005

PEOPLE WHO RECEIVED SUICIDE
PREVENTION OUTREACH

40

NUMBER OF COMMUNITIES
THAT RECEIVED FUNDING FOR
IMPLEMENTATION OF ENERGY
EFFICIENCY MEASURES AND
WATER PLANT TRAINING BY
ANTHC'S ENERGY PROGRAM

55

NUMBER OF HOMES ASSESSED BY
ENVIRONMENTAL HEALTH SUPPORT STAFF
MEMBERS IN 7 COMMUNITIES IN SOUTHWEST
ALASKA. MEMBERS HAVE COMPLETED
MODIFICATIONS TO 46 HOMES TO DATE

2014 Financial Summary

Fiscal Year 2014 Revenue (millions)

1. Compact Revenue	161.4
2. Patient Revenue	213.0
3. Grant/Project Revenue	109.4
4. Warehouse Revenue	22.2
5. Investment Income	4.3
6. Misc. Income	133.4
Subtotal Revenues	\$643.7

Fiscal Year 2014 Expenditures (millions)

1. Alaska Native Medical Center	299.8
2. Environmental Health	93.2
3. Support Services	69.5
4. Community Health Services	12.7
5. Grants	14.5
6. Passthrough	8.1
Subtotal Expenses	\$497.8

This financial summary is preliminary as of October 31, 2014,
and is subject to a formal audit for the 2014 fiscal year.





ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM

www.anthc.org