



ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM

Improved Access, Healthier People

2013 ANNUAL REPORT



Our Vision

Alaska Native people are the healthiest people in the world.

Our Mission

Providing the highest quality health services in partnership with our people and the Alaska Tribal Health System.

Our Values

- Achieving excellence
- Native self-determination
- Treat with respect and integrity
- Health and wellness
- Compassion

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Introduction to ANTHC

On June 1, 1998, Tribal health in Alaska changed dramatically when the Alaska Native Tribal Health Consortium (ANTHC) signed a contract to assume responsibility for the operations of the majority of the Indian Health Service's Alaska Area programs. After decades of fighting for self-governance, Alaska Native people now controlled our health care.

Today, ANTHC and the Alaska Tribal Health System (ATHS) provide the passion and dedication that make us the embodiment of self-determination for Alaska Native people.

Managed and operated by its customers, who are represented by 15 Alaska Native leaders from around the state, ANTHC is a not-for-profit health organization that provides statewide services in specialty medical care; construction of water, sanitation and health facilities; community health and research; information technology; and support services such as professional recruiting, finance, marketing and communications. As a member of the Alaska Native Health Board, ANTHC works closely with the National Indian Health Board to address Alaska Native and American Indian health issues.

To achieve the vision that Alaska Native people are the healthiest people in the world, ANTHC works with customers, members of the ATHS and agencies that share common objectives. ANTHC employees provide the highest quality health services, a level of service that makes Alaska Native people proud, and encourages Alaska Native people to make healthy choices that keep families and communities strong. ANTHC also works with partners, lawmakers, volunteers and advocates toward building a unified health system to achieve the highest quality services.

Today, with more than 2,200 staff members, ANTHC is closer to its vision than ever before, and making a life-changing difference in the health of Alaska Native people every day.

Letter from the Chairman and President



Greetings,

This year, a longtime vision of the Alaska Tribal Health System (ATHS) became reality when Senate Bill 88 authorized funds to help build a 170-room housing facility adjoined to the Alaska Native Medical Center (ANMC). When completed, the facility will significantly improve access to quality health care while serving as a culturally appropriate home away from home for the thousands of Alaska Native and American Indian people who travel to ANMC for services.

We also celebrate bringing access to care and better health closer to home for our people when new ANTHC-designed-and-built community clinics and water treatment plants open in rural Alaska. For our health campus in Anchorage, we set a clear view for the future of our services, including the expansion of clinical space to meet the needs of our growing population.

Better access is more than new buildings and upgraded infrastructure. Improving access to care is a constant focus for ATHS leaders, and the opportunities to make progress span from minor to monumental.

Targeted initiatives at ANMC helped us provide better care coordination services and make more appointments available for customer-owners when they need them.

Improving access also means having the right people in the right places. These include providers at ANMC and regional hospitals; Community Health Aides and Practitioners and Dental Health Aide Therapists in rural communities; and prevention specialists visiting and working in our communities. The ANMC Hospital Administrator is also a key position in the Tribal health system. With support from our partners around

the state, this year ANTHC CEO Roald Helgesen took on the role of ANMC Hospital Administrator. Mr. Helgesen is an enrolled Tribal member who knows our system, our challenges and our opportunities. This change will provide stability and greatly benefit our system's work to improve access to health services.

We continue to address challenges. While we have achieved many successes in access to care, some clinics are still working to reduce backlogs and delays. Health care reform, the federal sequestration and the government shutdown impacted our programs, system and people in unexpected ways. We continue to improve partnerships with communities in order to develop innovative water and wastewater systems and other solutions. We look forward to working with you to address these challenges in the future.

Whether celebrating successes or taking on challenges, we remain focused on providing timely access to services for our people, wherever they live. That access is critical if we are to reach our vision that Alaska Native people are the healthiest people in the world.

Sincerely,

Andy Teuber
ANTHC Chairman and President

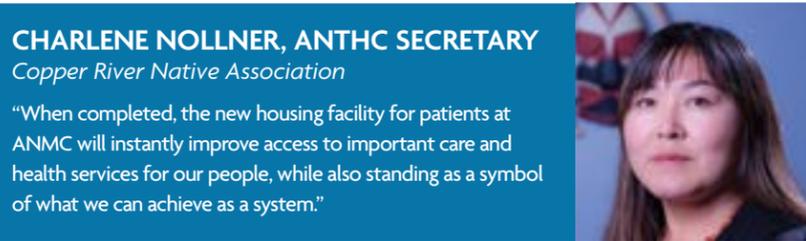
Board of Directors

The Alaska Native Tribal Health Consortium is owned and managed by its customers, who are represented on our Board of Directors by 15 Alaska Native leaders from regions across the state. ANTHC's Directors participate in committees that guide the work of the Consortium. They meet as a group several times each year and host an annual meeting every December for Alaska's Tribal governments, Tribal health organizations, and our Alaska Native and American Indian customer-owners.



LINCOLN A. BEAN, SR., ANTHC VICE CHAIR
Southeast Alaska Regional Health Consortium

"Diabetes and tobacco use are not traditions for our people, but these problems continue to devastate our friends and families. We have to fight these trends and return to our peoples' traditional ways of life."



CHARLENE NOLLNER, ANTHC SECRETARY
Copper River Native Association

"When completed, the new housing facility for patients at ANMC will instantly improve access to important care and health services for our people, while also standing as a symbol of what we can achieve as a system."



MIKE ZACHAROF, ANTHC TREASURER
Aleutian Pribilof Island Association

"In most places in the U.S., water and sanitation are taken for granted. We have made great strides in providing access to clean water for our people, but many Alaska Native communities still desperately lack these basic services."



BERNICE KAIGELAK
Arctic Slope Native Association

"Without efficient care coordination, we impair our ability to provide access to care, especially for those who must travel to receive services. We've made great progress, but there's still work to do."



H. SALLY SMITH
Bristol Bay Area Health Corporation

"Research is the key to understanding where we are succeeding, where we are struggling, and what areas we should focus our resources on to best improve the health status of our people."



ROBERT HENRICHS
Chugachmiut | Native Village of Eyak

"Continuing to maintain, remodel and build infrastructure around Alaska remains an important function to ensure access to health services and clean water for our people in all regions."



LOUIE COMMACK
Maniilaq Association

"We have seen many positive health outcomes from our water, sanitation and health clinic facilities. Our innovative energy work will ensure these services are affordable and efficient, while also expanding their accessibility to all our people."



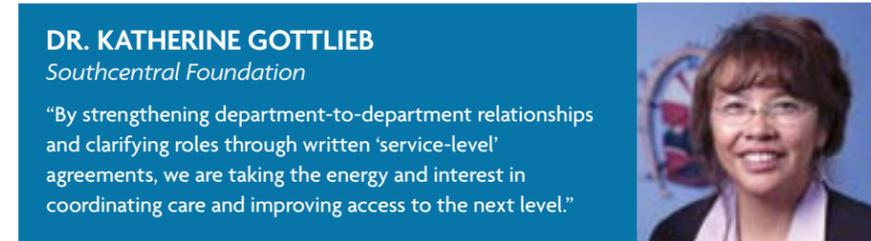
LINDA CLEMENT
Metlakatla Indian Community

"Access to prevention information makes a positive difference in the safety and lifestyles of our people while greatly assisting our health aides. Let's support these efforts that improve and maintain healthier families and communities."



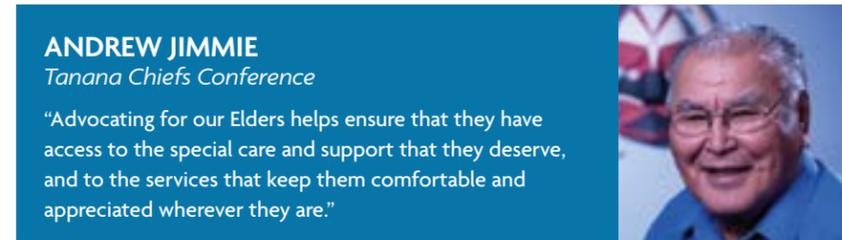
EMILY HUGHES
Norton Sound Health Corporation

"We understand that access to care and the logistics of travel are complex in our state, but we can all play roles in overcoming those challenges by improving communication between our regions."



DR. KATHERINE GOTTLIEB
Southcentral Foundation

"By strengthening department-to-department relationships and clarifying roles through written 'service-level' agreements, we are taking the energy and interest in coordinating care and improving access to the next level."



ANDREW JIMMIE
Tanana Chiefs Conference

"Advocating for our Elders helps ensure that they have access to the special care and support that they deserve, and to the services that keep them comfortable and appreciated wherever they are."



CHIEF GARY HARRISON
Unaffiliated Tribes | Chickaloon Native Village

"Often, our environment's health is as important to our personal and community health as the access to health care services. In a healthy environment, we all live healthier lives."



EVELYN BEETER
Unaffiliated Tribes | Mt. Sanford Tribal Consortium

"No matter where we live, our people must have access to services that provide for their continued care when they are sick, hurt and recovering. That's the only way they will truly become healthy again."



RAY ALSTROM
Yukon-Kuskokwim Health Corporation

"So many passionate and talented individuals work within our Alaska Tribal Health System. We have to continue supporting them while also strengthening our workforces by recruiting similarly dedicated staff."

ANTHC Highlights: 1997-2012



1997

Indian Health Service (IHS) opens the new Alaska Native Medical Center (ANMC)
ANTHC incorporates as a not-for-profit organization

ANTHC, Southcentral Foundation assume joint management of ANMC

ANTHC becomes largest Tribal self-governance organization in the U.S.

ANMC earns certification as Alaska's only Level II Trauma Center, a distinction it still holds today

AFHCAN telehealth project launches

1999



2001

ANTHC starts assisting Tribes in administering injury prevention projects involving smoke detector installation, car seats and float coats



2003

ANMC achieves prestigious Magnet® status for nursing excellence, an honor bestowed to only five percent of U.S. hospitals, a designation it still holds today



2005

Community Health Services develops training and certification standards for Behavioral Health Aides and provides basic Health Aide training for 60 students

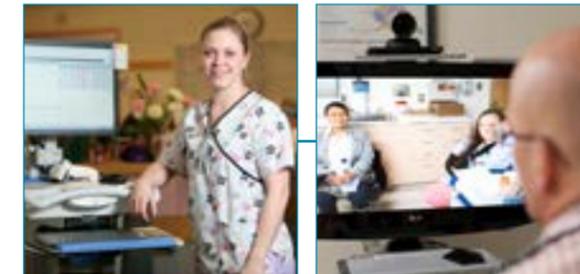


2007

ANTHC completes groundbreaking study showing children in communities with in-home water service have far fewer respiratory diseases and skin infections
ANTHC launches Healthy Alaska Natives Foundation

2009

ANMC receives full re-accreditation from the Joint Commission
ANTHC receives more than \$60 million from the American Recovery and Reinvestment Act, with more than \$40 million directed to statewide water and sewer sanitation projects and \$20 million to fund health facilities upgrades around Alaska



2011

ANMC launches its Electronic Health Record system to improve the quality of patient care
AFHCAN program reaches 100,000 telehealth cases within the Alaska Tribal Health System (ATHS)

1998

Contract with IHS transfers statewide services to ANTHC and expands to include the Division of Environmental Health & Engineering



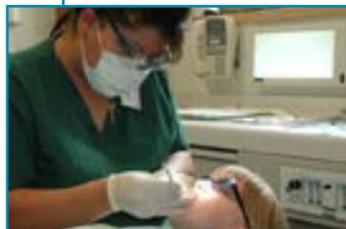
2000

ANTHC completes an Alaska Native Health Campus site and facility plan outlining changes to accommodate growth



2002

ANTHC obtains grant to train village-based Dental Health Aide Therapists
The Regional Utility Cooperative (later, the Alaska Rural Utility Collaborative) is created to improve water quality, lower costs and more



2004

ANTHC opens its Consortium Office Building to expand services to Consortium staff and statewide partners



2006

Alaska Native immunization rates reach more than 90 percent statewide
ANTHC establishes tobacco-free campus



2008

ANTHC begins work on the Alaska e-Health Network, an electronic health records system
ANTHC publishes the first run of the popular "Traditional Food Guide for Alaska Native Cancer Survivors"



2010

Vaccination program virtually eliminates hepatitis A infections around Alaska
ANTHC's Legal and Intergovernmental Affairs group supports successful passage of the Indian Health Care Improvement Reauthorization and Extension Act

2012

ANTHC's Healthy Communities Building opens, improving alignment among staff and partners
ANTHC and the ATHS receive the prestigious American Hospital Association's Carolyn Boone Lewis Living the Vision Award for work that goes beyond traditional hospital care





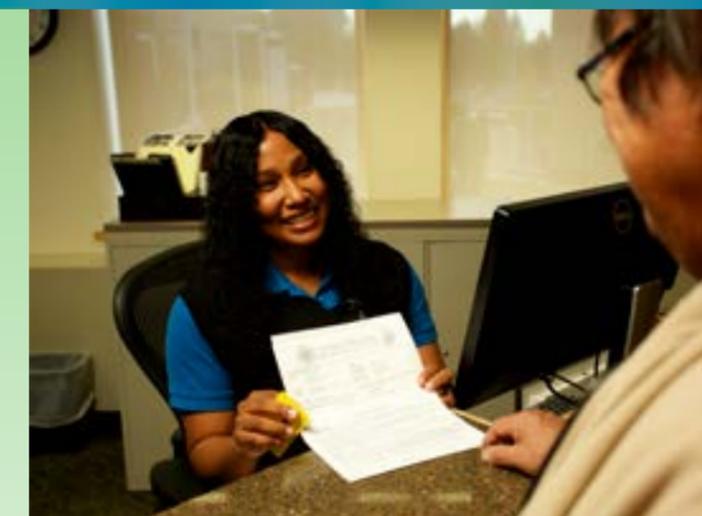
Alaska Native Medical Center

ANTHC's largest division, the Alaska Native Medical Center (ANMC) operates a state-of-the-art, 150-bed hospital that provides comprehensive medical services to Alaska Native and American Indian people. ANMC is Alaska's only Level II Trauma Center, has received Magnet Recognition for nursing excellence since 2003, and shared the American Hospital Association's Carolyn Boone Lewis Living the Vision Award with the Alaska Tribal Health System.

ANTHC and Southcentral Foundation jointly own and manage ANMC under the terms of Public Law 105-83. These parent organizations established a Joint Operating Board to ensure unified operation of health services provided by the medical center.

2013 ANMC HOSPITAL HIGHLIGHTS

- ANTHC and Southcentral Foundation leadership, along with our Tribal health partners, developed an ANMC Medical Services Master Plan and Campus Master Plan to provide direction on improving access and strengthening medical services on the Alaska Native Health Campus, as well as visiting specialties across Alaska.
- The ANMC hospital was reverified as a Level II Trauma Center by the American College of Surgeons. This achievement recognizes the hospital's dedication to provide the highest level of trauma care for injured patients and continues ANMC's standing as Alaska's only Level II Trauma Center.
- ANMC remains the only Alaska hospital to receive Magnet® designation for nursing excellence. This year, ANMC nursing leaders submitted supporting documentation for our Magnet re-designation to the American Nurses Credentialing Center.
- ANMC's Care Coordination Center and Quyana House merged to streamline travel and housing experiences, and improve access to care for customer-owners traveling to ANMC from across Alaska.
- ANMC continues a multi-phase, large-scale construction project on the Maternal Child Health Services facilities, which includes the Pediatric Intensive Care Unit, Neonatal Intensive Care Unit, Inpatient Pediatrics and the Mother/Baby Unit. Upgrades will allow for enhanced patient care and a more child-friendly environment.
- ANMC's Volunteer Services celebrated the 30th anniversary of the ANMC Auxiliary Scholarship, which has awarded nearly \$1.5 million to support Alaska Native students pursuing secondary education.
- ANMC was the first Anchorage hospital to begin a Discharge Pharmacy Program, which eliminates gaps in the care transition process and identifies drug therapy problems to improve care transitions.
- ANMC begins building a hybrid operating room to provide the infrastructure that allows specialists to provide state-of-the-art vascular treatments for trauma patients.
- ANMC hospital dietitians and a food service contractor expanded the food court's menu with traditional dishes, as well as high nutrition and lower calorie options.



ANTHC staff and partners are dedicated to providing timely clinical appointment access for customer-owners.

ACCESS SUCCESS

Many ANMC clinics struggled for years to provide timely clinical appointment access. This year, ANTHC leaders launched the ANMC Advanced Specialty Access Collaborative to identify and address these challenges and to ultimately provide world-class access that matches our world-class specialty care.

The Advanced Access team of medical and surgical staff sets goals, develops strategies and creates solutions to address long waiting times for appointments, the demand for services exceeding our staffing, space limitations and more.

We have already made progress in many areas, but there is still work to do. We remain focused on meeting our goals of making access to needed health services available for customer-owners when they need it and request it.

Environmental Health

ANTHC's Environmental Health & Engineering group provides planning, design, construction and operations support of public health infrastructure throughout Alaska. Through that work, Environmental Health staff offers sustainable public health solutions to communities across our state and protects the health of Alaska Native people.



2013 ENVIRONMENTAL HEALTH HIGHLIGHTS

- ANTHC's Construction teams worked on 41 projects and many additional work requests during the 2013 season to provide sanitation, clean water, sewer and energy efficiency upgrades to Alaska Native communities across the state. The projects created more than 140 seasonal construction jobs in 27 communities and offered training and development for local workers.
- In August, Environmental Health staff initiated 38 project documents for many rural Alaska communities: 14 projects will provide in-home water and sewer service; two are statewide projects; and 22 projects will provide new or enhanced water and sewer systems.
- ANTHC was awarded \$16 million in funding by the United States Department of Agriculture and the State of Alaska through the Rural Alaska Village Grant program to improve public health, water quality and sanitation services in five rural Alaska communities, as well as a \$569,000 grant to provide technical assistance and training.
- ANTHC was selected for a \$743,000 grant from the U.S. Department of Housing and Urban Development to build upon a pilot project to improve indoor air quality through the implementation of low-cost household remediation.
- Staff hosted four Alaska Native interns in different departments and continued apprenticeships for four Alaska Native tradesmen.
- Environmental Health groups received two Green Champion Awards from the U.S. Department of Health and Human Services, celebrating our innovative energy work around the state.
- ANTHC received a \$267,378 grant from the Denali Commission to implement energy efficiency measures at 26 rural health clinics. The improvements were estimated to save \$68,000 in energy costs annually by these clinics and communities.



ANTHC staff partner with communities and agencies across the state to provide clean water and sanitation services that lead to healthier people.

ACCESS SUCCESS

Around America, most people take water and sanitation services for granted while thousands of Alaska Native people still don't have access to those basic services. That's why ANTHC and partners have spent 15 years bringing clean water and sanitation solutions to rural communities across Alaska, dramatically improving the health of the Alaska Native people and communities in all regions of our state. In 15 years, ANTHC has helped build 42 water treatment plants and renovate an additional 23. In the past fiscal year, ANTHC has helped build seven more facilities and renovate and upgrade an additional six, creating better access which leads to healthier people and communities.

Community Health

ANTHC's Community Health group works to elevate the health status of Alaska Native communities while monitoring and improving Alaska Native health through research, training health care providers, clinical care, and providing education for prevention. Staff assesses trends, develops solutions for priority health problems, and partners with Tribal health organizations and communities to improve the health of Alaska Native families.



2013 COMMUNITY HEALTH HIGHLIGHTS

- Community Health staff and partners hosted 16 Alaska men at the Men's Retreat for Prostate and Testicular Cancer Survivors to provide needed support and resources with an unconventional approach.
- Healthy Alaskans 2020, a joint effort between ANTHC and the State of Alaska Department of Health and Social Services, released a list of the 25 leading health indicators and priorities for Alaskans.
- The Local Environmental Observer Network grows to include 112 Alaska communities and 228 participants who document and share unique, unusual or extreme environmental events across Alaska.
- ANTHC operates Alaska's Food Distribution Program on Indian Reservations and drafted changes that expanded eligibility and helped provide healthy food to even more Alaska Native and American Indian people and families in need.
- ANTHC's Cancer Program released the "Comprehensive Cancer Plan for the Alaska Tribal Health System: 2011-2017," which addresses the burden of cancer for Alaska Native people, shares data, and proposes goals, objectives and strategies to help reduce this burden.
- ANTHC and Mayo Clinic staff hosted the 16th annual ANMC and Mayo Cancer Center Cancer Conference to discuss cancer treatments and trends, cancer research currently in process, and share working experiences.
- More than 140 people from across Alaska attended the Alaskan Plants as Food and Medicine Symposium to share knowledge of traditional foods and plants.
- Four new Dental Health Aide Therapists (DHATs) graduated from ANTHC's training program. There are now 25 certified DHATs working in 81 rural communities and providing care to more than 30,000 Alaska Native and American Indian people.
- ANTHC's two-hour online course, "Staying Strong, Staying Healthy: Alaska Native Men Speak Out About Cancer," was used around Alaska and shared with Tribes, community health workers, health educators and doctors in 12 states.
- Nearly 8,000 people toured Nolan the Colon, ANTHC's inflatable walk-through colon display that travels the state providing interactive education for visitors of all ages.
- ANTHC and Alaska health partners worked to stem the spread of whooping cough across the state.



Community Health staff like Diana Redwood, left, and Romy Mohelsky play a critical role in ANTHC's prevention work around Alaska.

ACCESS SUCCESS

Colorectal cancer is the second-leading cancer killer of Alaska Native people, but it's also highly preventable and survivable. ANTHC and our partners work on many fronts to fight colorectal cancer and improve colorectal health among Alaska Native people. From providing education and raising awareness, to expanding research and partnerships, to offering screenings, trainings and other services in many places around the state, we are making a difference: the Alaska Tribal Health System average colorectal cancer screening rate for 2012 was 58.5 percent, double the rate from 2000.

Support Services

Support Services helps ANTHC staff work better together and with partners around Alaska and beyond. Support Services is home to a wide range of departments essential to ANTHC's success: Finance, Contracting and Procurement, Facilities Planning, the Regional Supply Service Center, Health Information and Technology, Human Resources, Marketing and Communications, Risk Management, Legal and Intergovernmental Affairs, and Strategic Planning.



2013 SUPPORT SERVICES HIGHLIGHTS

- ANTHC staff provided trainings, resources and navigation services to Tribal health partners and individuals to ensure that Alaskans can take full advantage of the opportunities available through the Affordable Care Act.
- ANTHC's Health Information and Technology team launched the eCHAM, an electronic and easy-to-update version of the Community Health Aide Manual used by Community Health Aides and Practitioners around Alaska.
- As part of ANTHC's long-term strategy to increase Alaska Native and American Indian people in health care fields, ANTHC's Board of Directors established an annual education scholarship fund. This year, five recipients received \$5,000 scholarships.
- ANTHC's Health Information and Technology and Facilities teams opened the new ANMC data center in the hospital's basement. The state-of-the-art, 1,700-square-foot data center provides improved performance and reliability for systems that are critical to hospital operations.
- The Regional Supply Service Center partnered with Alaska Tribal health organizations to pool together purchasing power to obtain and ship 196,000 flu vaccines during the 2012-2013 influenza season.
- ANTHC's Marketing team created ANMC TV, which broadcasts informative health, prevention and cultural programming in clinical waiting areas around ANMC.
- We strengthened our workforce and developed the next generation of Alaska Tribal Health System leaders by graduating 11 ANTHC staff from the Pathway to Leadership and the Leadership, Excellence, through Advancement and Determination (LEAD) programs.
- Kay Branch, ANTHC's Elder/Rural Health Program Coordinator, received a prestigious Robert Wood Johnson Foundation 2012 Community Health Leaders Award.
- ANTHC's Behavioral Health and Marketing teams collaborated on a suicide prevention project that reached a large at-risk audience in a powerful way with the Tell Your Heart Story campaign.
- ANTHC evolved its office supply ordering process, which is expected to save ANTHC at least 15 percent annually while offering employees a wider range of supply options and an easier ordering process.
- ANTHC Health Information and Technology and ANMC staff extended the ANMC Electronic Health Record to Kodiak Area Native Association, improving visibility and communication between providers and improving patient care.



A rendering of the new ANMC patient housing facility.

ACCESS SUCCESS

More than half of ANMC's patients travel from outside Anchorage to access health services, but providing housing and a continuum of care for those patients has been a constant challenge. After years of tireless advocating and work by ANTHC staff, Alaska Tribal Health System leaders, and state and national partners, Senate Bill 88 authorized \$35 million to help build a 170-room housing facility adjoined to ANMC.

This housing improves access, expands the services available for patients and families, and enhances continuity of care for patients. This is particularly important for expectant mothers with high-risk pregnancies; cancer patients requiring infusion and radiation therapy; patients needing outpatient specialty medical care; children and Elders; and others.

The ANMC housing will stand as a symbol for access to care and the health of our people.

Healthy Alaska Natives Foundation

ANTHC's charitable arm, the Healthy Alaska Natives Foundation works with donors and volunteers to raise awareness and funding for the unmet needs of our health care system. Together, we can inspire good health and improve medical care, promote wellness and prevention, and support healthy village environments.

In the past year, the Foundation's generous donors have helped make a considerable difference in the health of Alaska Native people.

2013 FOUNDATION HIGHLIGHTS

Purchasing equipment for the Alaska Native Medical Center ...

- Infusion chair for cancer patients
- Portable O2 concentrators for the Critical Care Unit
- Vital-signs equipment for Internal Medicine
- Vein viewer for Neonatal ICU
- Toys for kids undergoing medical care
- New play equipment in Day Surgery
- Postpartum discharge books for new moms

Providing assistance for those in need ...

- Enrolled new moms and children in the ANMC Imagination Library program
- Offered travel assistance for cancer patients and provider education for Oncology Clinic
- Sponsored boating and ATV safety messaging and commercials
- Provided clothing for Emergency Room patients

Supporting unique events and camps that improve Alaska Native health ...

- Youth Environmental Summit
- Men's Cancer Retreat
- Camp ARCTIC for children with juvenile idiopathic arthritis
- Art from the Heart therapy program in ANMC's Pediatrics department

In 2013, the Foundation reached some amazing fundraising highlights thanks to its generous donors, sponsors and volunteers, including:

- Setting a new fundraising high of \$394,500 in sponsorships and cash contributions at the sixth annual Raven's Ball, HANF's black-tie affair and signature event.
- The Raven's Ball paddle raise brought in \$37,000 to purchase important equipment for ANMC.
- Raising more than \$30,000 at its second annual Teeing Off for Tribal Health Golf Classic, which drew 82 players and 21 teams.
- HANF's annual Workplace Giving Campaign raised more than \$35,000 from ANTHC leadership and employees.
- The third edition of HANF's annual online auction raised more than \$15,000.

HANF is guided by the HANF Oversight Committee, which is comprised of members of ANTHC's Board of Directors and community members who support our fundraising efforts. Thank you to Ray Alstrom, HANF Chair (Yukon-Kuskokwim Health Corporation), Will Anderson (Koniag, Inc.), Evelyn Beeter (Mt. Sanford Tribal Consortium), Marissa Flannery (Sonosky, Chambers, Sasche, Miller & Munson, LLP), Roald Helgesen (ANTHC CEO), Emily Hughes (Norton Sound Health Corporation), Charlene Nollner (Copper River Native Association), Robert Sampson (Manilaq Association), and Andy Teuber (ANTHC Chairman and President) for leading our fundraising and charitable giving efforts.

HANF offers sincere and abundant thanks to our donors, who make it all possible.

FOUNDER'S CIRCLE (\$15,000 and above): Anchorage Valley & Radiation Therapy Centers of Alaska; GCI ConnectMD; Neeser Construction; Providence Health & Services Alaska; and The Rasmuson Foundation.

VISIONARIES CIRCLE (\$7,500 to \$14,999): Alaska Communications; Arctic Slope Regional Corporation; Genentech Inc.; Key Bank; Pfizer Inc.; Southcentral Foundation; UnitedHealthcare Services; and Douglas Eby, MD.

LEGACY CIRCLE (\$5,000 to \$7,499): Alaska Men's Run; ARAMARK; Calista Corporation; Davis Constructors & Engineers, Inc.; Donlin Gold; Doyon Limited; ExxonMobil; Lloyd Miller; Sonosky, Chambers, Sachse, Miller & Munson, LLP; Roland Torres; The Tatitlek Corporation; Ukpeagvik Iñupiat Corporation; Watterson Construction; Wells Fargo; and Xtend Healthcare.

The Foundation also thanks our very important partners: Alaska Mental Health Trust Authority; American Cancer Society; American College of Rheumatology; C-Change; CDC Foundation; Independent Pilots Association Foundation; Mayo Clinic; Medimune, Inc.; North Slope Borough; The Rasmuson Foundation; State of Alaska; Susan G. Komen Foundation; University of Manitoba; University of Washington; and the W.K. Kellogg Foundation.

Learn more about the Healthy Alaska Natives Foundation by visiting www.inspiringgoodhealth.org.

ANTHC's Strategic Plan

In 2012, ANTHC's Board of Directors unveiled a Strategic Plan that focused on the critical work of the year ahead while also providing a roadmap for the next 20 years. The plan helped ANTHC staff reach new levels of alignment, partnership and momentum. Many of its initiatives have come to life, improving quality and access for those we serve, strengthening our Alaska Tribal Health System, and making ANTHC the employer of choice for more than 2,200 staff.

Today, when Strategic Plan initiatives converge with the daily life-changing efforts of staff across our Consortium, they develop powerful, innovative ways for ANTHC staff to make significant progress on our vision that Alaska Native people are the healthiest people in the world. Here are just a few unique examples of the efforts that the Strategic Plan is inspiring ...



QUALITY

ANTHC is recognized by customers, partners and peers as the service provider of choice and for the highest levels of clinical and performance outcomes.

Goals:

- Improve the customer experience
- Deliver exceptional quality

Access Success: ANMC Patient Lift and Transport Team

ANMC's new Patient Lift and Transport Team has improved quality by maximizing patient safety and customer service. The team assists patients in transport to appointments and services within the hospital, as well as at the time of discharge. This service also supports clinical staff, allowing nursing staff to spend more time at the bedside providing quality care. Team members have basic life-support training and fast response times to transportation requests – they average 10 minutes or less 94 percent of the time. On average, the team provides 4,100 patient lifts and transports each month. The team is composed of several Alaska Native staff, adding to the customer experience for patients.

PEOPLE, PLACES, PROGRAMS

As the employer of choice, ANTHC values its employees and focuses efforts on creating a work environment that attracts and retains the best staff. ANTHC will provide staff with the tools, resources and physical environment to be successful and meet system demand.

Goals:

- Increase and strengthen our Alaska Native workforce
- Provide an exceptional work environment
- Create an aligned services and facilities master plan
- Develop and support data-driven decisions

Access Success: Strengthening ANTHC, ATHS and Alaska Native workforce

For Alaska Native people to become the healthiest people in the world, our Alaska Tribal Health System has to be healthy, as well. ANTHC provides opportunities for staff and Alaska Native people across the state to gain education and experience, begin their careers, and develop into leaders. ANTHC offers an array of scholarships for Alaska Native staff and students, hosts interns and apprentices, expands leadership opportunities to Alaska Native staff in programs like LEAD and Pathways, and hosts educational classes for all staff in the new ANTHC University.

Access Success: Alaska Native Health Campus Master Plan

As our Alaska Native population grows, so does the demand for health services. We must meet the needs of our Alaska Native people now and into the future. ANTHC works with partners to improve quality and access to care each day, as well as plan for the expansion of health services. To succeed, the proper infrastructure must be in place to provide those services and comfortably house patients who must travel to ANMC.

ANTHC leadership worked with ANMC medical staff, leadership from Southcentral Foundation, partners and stakeholders around Alaska, and industry experts to create a Campus Master Plan. The plan outlines the facilities needed to deliver the health services aligned with ANTHC's Medical Services Plan, which is a blueprint for the next 20 years of our medical services work. With a high level of support for this work across Alaska and key partnerships in place, this is the perfect time to continue this monumental venture.



ANMC's Patient Lift and Transport Team helps patients move around the hospital and helps nurses maximize time with patients.



Telemedicine expansion brings care closer to home.



ANTHC is planning for today and for the future of the Alaska Native Health Campus.

COORDINATION & ACCESS

ANTHC focuses efforts on providing the right care to patients at the right time and in the right place.

Goals:

- Provide timely access to care
- Ensure convenient and available lodging

Access Success: Telemedicine expansion around Alaska

ANTHC's innovative telemedicine work improves access to care, connecting rural community clinics, health aides and practitioners with specialists at ANMC using store and forward technology and live video consultation. In the past year, more than 23,000 rural patients were seen using ANTHC's telemedicine technology. Ten new specialty clinics were also added last year, offering clinical services that now include Oncology; Ophthalmology; Pulmonology; OB/GYN Clinic; Pediatric Speech Language; Pathology; Adult Endocrinology; Orthopedics; HIV Early Intervention Services; Pediatric Endocrinology; Pediatric Adolescent Medicine; and more.

STATEWIDE SYSTEMS & COLLABORATION

Collaboration is at the heart of ANTHC's work, allowing staff and partners to make the best use of our resources and provide the greatest benefit for the Alaska Tribal Health System.

Goals:

- Fulfill our commitments
- Partner to develop and align our services

Access Success: Health Reform education and outreach

National health reform made this past year historic and challenging for millions of people. ANTHC staff took the lead in educating and supporting Tribal health partners and Alaska Native and American Indian people through all the change. ANTHC staff helped customer-owners and partners prepare for the rollout of the Affordable Care Act (ACA) with trainings and webinars; explained the ACA exemption for our partners, staff and people; advocated for Medicaid expansion in Alaska; and supported legislative leaders in their efforts to clarify the definition of the term "Indian." ANTHC staff will continue these efforts in the year ahead to best support the ATHS and our people.

PREVENTION

To achieve healthy and sustainable Native communities, ANTHC and statewide partners take measures to prevent diseases and injuries, therefore reducing the need to cure them or treat their symptoms.

Goals:

- Monitor and share the health status of our people to increase understanding
- Improve health status by focusing on cancer, tobacco, oral health, safe homes and water

Access Success: Improved tobacco cessation services

ANTHC staff made great strides in the past year in connecting Alaska Native tobacco users to resources to help them quit. ANTHC's Tobacco Program built relationships with ANMC clinics to offer providers tobacco education and training on how to refer patients to the ANTHC Tobacco Cessation Program. Referral rates quickly skyrocketed from 8.4 percent of tobacco users to 20.7 percent, and every referred patient was seen by an ANTHC Tobacco Treatment Specialist for follow-up care. That led to another great success: 42 percent of those who worked with ANTHC staff to quit were successful, which is well above the national average of 20-25 percent.

FINANCIAL VITALITY

ANTHC properly manages its resources and maximizes its income to effectively pursue the fulfillment of our mission and vision.

Goals:

- Maximize revenue opportunities
- Ensure the best value for our costs

Access Success: Tribal health insurance sponsorship

ANTHC launched a pilot program to sponsor health insurance policies for approximately 900 eligible Alaska Native and American Indian people through the federal marketplace. Working in collaboration with other Alaska Tribal health organizations, ANTHC sought Alaska Native people to participate in a one-year demonstration project to evaluate the potential benefits of Tribally-sponsored health insurance. Tribes in many areas of the country are beginning to sponsor health insurance. The additional insurance coverage will generate new revenues to expand health services for all Native people. Tribally-sponsored health insurance is voluntary and authorized by Congress under the Affordable Care Act. The demonstration project will include a yearlong evaluation of benefits and value to the enrollees and Tribal health providers.



ANTHC staff are on the front lines of education and advocacy around health reform so that Alaska Native people receive the best care.



ANTHC's Tobacco Prevention and Control Program staff.



ANTHC's Alaska Native staff embody self-determination.

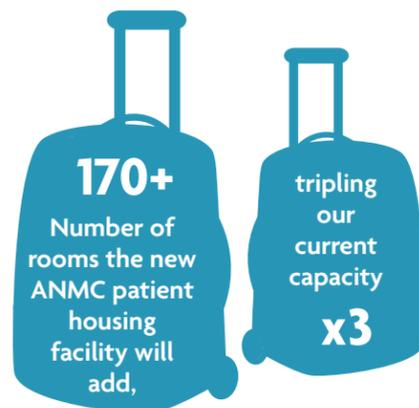
ANTHC By the Numbers: 2013



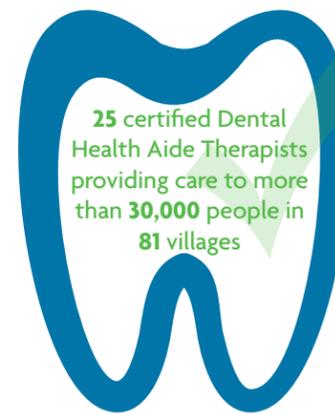
95
Percent of ANTHC's construction staff in the field were Alaska Native workers



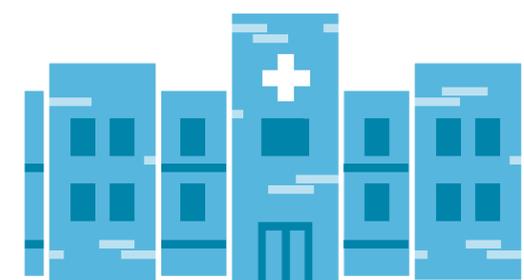
1,608 NUMBER OF BABIES BORN AT ANMC, an average of **4** babies with the same birthday



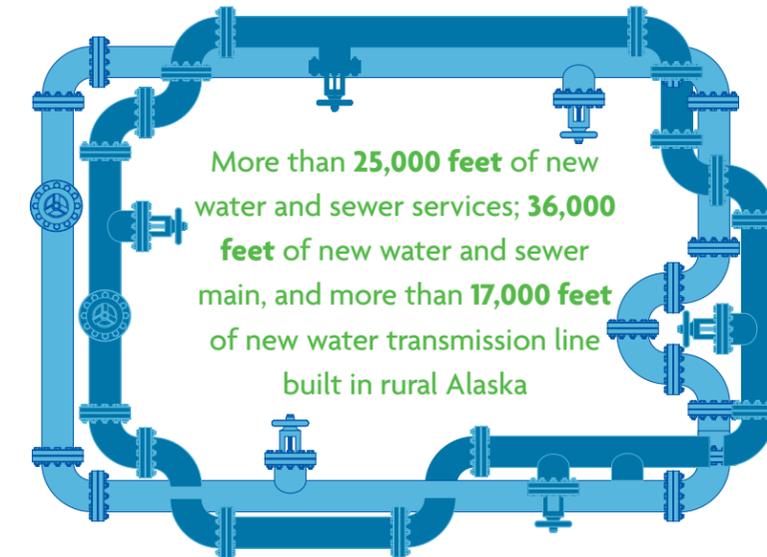
170+ Number of rooms the new ANMC patient housing facility will add, tripling our current capacity **x3**



25 certified Dental Health Aide Therapists providing care to more than **30,000** people in **81** villages



7,436 patients admitted to ANMC



More than **25,000 feet** of new water and sewer services; **36,000 feet** of new water and sewer main, and more than **17,000 feet** of new water transmission line built in rural Alaska

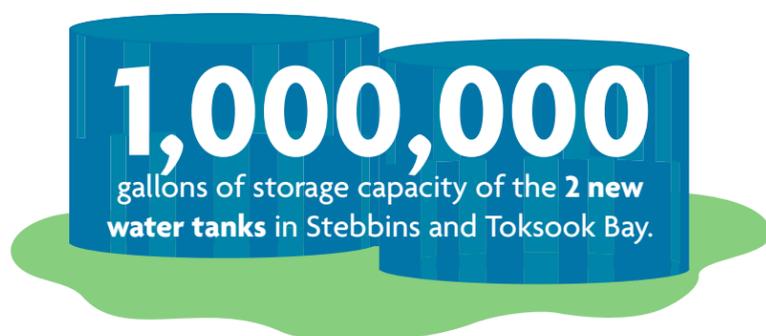


23,000

Number of patients seen using telehealth by **1,544** providers throughout the state.



534 registered nurses and **100** physicians on staff at ANMC



1,000,000 gallons of storage capacity of the **2** new water tanks in Stebbins and Toksook Bay.



100 Percentage of individuals referred to the ANTHC Tobacco Cessation Program seen by an ANTHC Tobacco Treatment Specialist for follow-up care



511 Number of iPads distributed to CHAPs and trainers for accessing their electronic manual, replacing paper manuals.



156 emergency and urgent care patients seen per day, for a total of **56,943**



140

Number of people from across Alaska who attended the Alaskan Plants as Food and Medicine Symposium to share knowledge of traditional foods and plants.



17,863 Inpatient and outpatient Physical Therapy visits



112,987

Number of times suicide prevention public service announcements aired



119 Number of un-served homes brought on-line with water and sewer service in Fort Yukon, Tetlin, Northway, Kasigluk and Kwethluk.

Financial Summary

FISCAL YEAR 2013 REVENUE (IN MILLIONS)

1. Compact Revenue	149.8
2. Patient Revenue	190.6
3. Grant/Project Revenue	97.2
4. Warehouse Revenue	21.9
5. Investment Income	1.1
6. Misc. Income	20.5
Subtotal Revenues	\$481.1

FISCAL YEAR 2013 EXPENDITURES (IN MILLIONS)

1. Alaska Native Medical Center	266.9
2. Environmental Health	97.8
3. Support Services	62.9
4. Community Health Services	11.8
5. Grants	21.2
6. Passthrough	8.9
Subtotal Expenses	\$469.5

This financial summary is preliminary as of October 31, 2013, and is subject to a formal audit for the 2013 fiscal year.



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