



## Instructors

### **Louise Achey, PhD** **Instructor**

Teacher, pharmacist and firefighter, Dr. Louise Achey has been involved in health and fitness for the past 3 decades. She completed her Doctor of Pharmacy from Idaho State University in 1994. She has practiced pharmacy in hospitals, nursing homes and community pharmacies for the past 32 years, the last ten teaching safe and effective drug therapy to new doctors, physician assistants, pharmacy and dental therapist students. After joining a local rural volunteer fire department in 1990, she served 14 years, first as a firefighter and Emergency Medical Technician, then for 7 years as Fire Captain, responsible for all firefighter training. Determined to improve her physical fitness despite all the demands on her time, Louise has researched, learned and tested many approaches to physical fitness and health. A passionate teacher, Dr. Achey has won 4 awards for teaching excellence with the University of Washington MEDEX Northwest Physician Assistant training program and has taught in Washington State University's College of Pharmacy and Pacific Northwest University of Health Sciences College of Osteopathic Medicine.

### **Robert Allen, DDS** **Clinical Instructor**

As an Indian Health Service dental officer Dr. Allen served as the Dental Director of the Yukon Kuskokwim Health Corporation Dental Clinic for many years and continues to work part-time as a staff dentist there. He also serves as a dental examiner on the Western Regional Examining Board. He makes yearly trips to Vietnam with colleagues to provide outreach dental care to underserved communities. Dr. Allen is an avid amateur photographer. Also in his free time he has played and managed Dr. Bob's softball team since 1983. He and his wife have lived in Bethel for more than 30 years and raised five children.

### **Kenneth Anthony Bolin, DDS, MPH** **Clinical Instructor**

Dr. Bolin is an Associate Professor and Graduate Program Director in the Department of Public Health Sciences at Baylor College of Dentistry in Dallas. He teaches both pre-doctoral and post-doctoral students in dental public health and preventive dentistry. As medical director of the Sammons Cancer Center dental clinic, he treats cancer patients and medically compromised patients with dental needs in an outpatient hospital affiliated oncology clinic. After graduating from the University of Texas Health Science Center in San Antonio with a DDS degree in 1981, he completed a fellowship program in Dental Oncology at the University of Texas MD Anderson Cancer Center in 1992 and obtained his Master of Public Health degree from the UT School of Public Health-Houston in 1994. Dr. Bolin received his certificate in Dental Public Health in May 2003 from TAMHSC Baylor College of Dentistry and became board certified by the American Board of Dental Public Health in 2005.

### **Anthony Brusca, DDS** **Clinical Instructor**

Dr. Brusca graduated from the University of Michigan School of Dentistry in Ann Arbor, Michigan. He began working in the Public Health Service at the Northern Navajo Medical Center in Shiprock, NM. He also worked at San Carlos Indian Hospital in San Carlos, Arizona. Since then he has contracted with Bristol Bay Area Health



Corporation's Dental Department and the Yukon Kuskokwim Health Corporation's Dental Department, in Bethel. He joined the Dental Health Aide training program at its beginnings and has provided didactic and clinical training for the first and second year students ever since. He takes the second year students on village travel where they gain necessary experience to treat patients in small villages in rural Alaska.

## **Denise Coslett, MPAS PA-C** **Instructor**

Denise Coslett graduated from Kings College Physician Assistant Program. She has lived in the Anchorage area for the last 6 years and currently practices at the Alaska Native Medical Center Emergency Department. Five years ago, she became a part time faculty member with the University of Washington MEDEX Northwest Physician Assistant Training Program, Anchorage site. Shortly after joining MEDEX, she was introduced to the Alaska Dental Health Aide Therapist (DHAT) Educational Program. In her work at the hospital, she became familiar with the dental needs of Alaska and the limitations concerning access to care. In learning about the DHAT Educational Program, she was excited to take a position to help expand access to dental care in the villages. For the last few years Denise has helped teach the General Science course in the didactic year of the DHAT program and is grateful to be a part of this program and proud of the difference it makes in access to healthcare!

## **Suzanne Eberling, DMD, PhD** **Clinical Instructor**

A graduate of Tufts University School of Dental Medicine, Dr. Eberling received her PhD in Epidemiology at the University of North Carolina, School of Public Health & School of Dentistry, with a dental emphasis. Her dissertation addressed the effects of treatment of dental caries in the primary dentition on permanent dentition caries status in Native Americans. Among her other completed projects Dr. Eberling co-authored the IHS "Caries Diagnosis, Risk Assessment and Management, a Practical Guide" modular training series. She spent her career as a dental officer with the Public Health Service, most of it with the Indian Health Service in Arizona, New Mexico and Alaska. In addition to teaching in the DENTEX program, she currently works part time for the State of Virginia as a dental epidemiologist and contracts for similar work projects for the State of Alaska. In her spare time, she breeds and shows Rhodesian Ridgebacks. Her husband Max Martin is a commercial salmon fisherman in Alaska's Bristol Bay District.

## **Ron Nagle, DDS** **Instructor**

Dr. Nagle received his dental degree from Emory University in 1987. He began working for the US Public Health Services later that year. He worked with dental nurses in the Western Pacific region, which led to his interest in bringing this type of mid-level dental provider to Alaska to help with the severe shortages of dentists and to increase access in rural Alaska. He retired from the US Public Health Service and his role as the Dental Health Aide Program Director in 2010, but continues to teach in the Program.

## **Katherine Rafferty, PhD** **Instructor**

Dr. Katherine Rafferty's educational journey has provided her with many exceptional opportunities and experiences. The highlights include a stint in the Midwest (Indiana University for undergraduate), a "New York experience" at NYU, work at the American Museum of Natural History and the Smithsonian Institution, and finally



a Ph.D. in Anatomy from Johns Hopkins University in Baltimore. In 1997, she found herself at home in Seattle, taking a job at the University of Washington. She teaches in the dental and medical schools and does research in craniofacial biology. She and her husband Karl have a daughter in grade school and enjoy camping, hiking, boating and skiing and together.

## **Sarah Shoffstall-Cone, DDS, MPH** **DHAT Clinical Program Director**

Dr. Shoffstall-Cone is a 2005 graduate of the Ohio State University College of Dentistry. During dental school she was a student extern at the Yukon Kuskokwim Health Corporation Dental Department and after graduation took a dental staff position there. Dr. Shoffstall-Cone joined the Dental Health Aide Therapist training program in January 2009 and currently serves as the clinical program director for both the Anchorage and Bethel training sites. Dr. Shoffstall-Cone grew up in rural Ohio where she was active in school and track and field sports. In college she became an All-American shot putter. In May 2009 she married bush pilot, Randy Cone. Randy and Sarah have two children.

## **Kira Vader MA, MHS, PA-C** **Instructor**

Kira Vader's love of medicine began at a young age. She grew up on Whidbey Island and joined the local volunteer fire department at the age of 16. As soon as she turned 18, she became an EMT and worked in EMS throughout college and graduate school. Knowing that she wanted to practice medicine at a higher level of care, Kira Vader attended the PA program and has worked clinically since. She loves the study of physiology and is continually amazed by the beauty and complexity of the human body. Seeing students enthralled by the inner workings of the body reminds her to never lose sight of what an amazing, intricate and sometimes delicate thing the human body is. She is a second generation PA and, like her mother, she believes that quality health care is a basic human right. In addition to teaching and her clinical responsibilities, she volunteers at a free clinic in her community.

## **Philip Weinstein, PhD** **Instructor**

Dr. Philip Weinstein is a Professor of Oral Health Sciences and Adjunct Professor of Pediatric Dentistry and Psychology at the University of Washington.

His current research interest includes motivational interviewing with pregnant women and motivational techniques to prevent caries in young children. His research and clinical experiences have resulted in a book, *Motivate Your Dental Patients*. Dr. Weinstein provides continuing education courses on this topic and trains Alaska dental therapist students in these techniques, as well as management of fear and pain in young patients. Dr. Weinstein's personal interests include fishing and woodcarving.

## **Mary Williard, DDS** **Director, Dental Health Aide Therapist Training Program**

Dr. Williard graduated from The Ohio State University College of Dentistry in 1994 and completed a 2 year General Practice Residency at the Carolinas' Medical Center in Charlotte, North Carolina in 1996. She has worked in American Indian/ Alaska Native dental programs since 1996, including having experience supervising DHATs working in remote villages